Long Island Health Collaborative  
CBO Survey Summary of Findings

Methodology:

Surveys were distributed electronically via Survey Monkey to community-based organization leaders. Data was collected December 1st 2021 - January 15th 2022. Survey responses were downloaded from Survey Monkey on March 12th, 2022. For questions prompting a maximum of five choices, the first five selected are included in the analysis. For the open-ended question “6”, key words/codes were selected, entered in the Excel search function and resulted in a tally for number of times they appeared in the responses. This method revealed top three key themes. 44 surveys were collected; 25 for Suffolk County, 10 for Nassau County and 9 with no location specified.

Analysis Results:

1. When asked “What are the biggest health problems for the people/community you serve?” (Maximum of 5 choices):

<table>
<thead>
<tr>
<th>2022 Rank</th>
<th>Suffolk County</th>
<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mental Health</td>
<td>16/25</td>
<td>Drugs and Alcohol Abuse</td>
<td>6/10</td>
</tr>
<tr>
<td>2</td>
<td>Drugs and Alcohol Abuse</td>
<td>14/25</td>
<td>Obesity and Weight Loss</td>
<td>5/10</td>
</tr>
<tr>
<td>3</td>
<td>Cancer</td>
<td>11/25</td>
<td>Nutrition/Eating Habits</td>
<td>5/10</td>
</tr>
<tr>
<td>4</td>
<td>Women’s Health/Wellness</td>
<td>8/25</td>
<td>Mental Health</td>
<td>4/10</td>
</tr>
<tr>
<td>5</td>
<td>Care for the Elderly</td>
<td>8/25</td>
<td>Women’s Health/Wellness</td>
<td>4/10</td>
</tr>
</tbody>
</table>

2. When asked “What would be most helpful to improve the health problems of the people/community you serve?” (Maximum of 5 choices):

<table>
<thead>
<tr>
<th>2022 Rank</th>
<th>Suffolk County</th>
<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mental Health Services</td>
<td>18/25</td>
<td>Access to Healthier Food Choices</td>
<td>7/10</td>
</tr>
<tr>
<td>2</td>
<td>Drug and Alcohol Services</td>
<td>14/25</td>
<td>Mental Health Services</td>
<td>6/10</td>
</tr>
<tr>
<td>3</td>
<td>Health Education Programs</td>
<td>14/25</td>
<td>Affordable Housing</td>
<td>6/10</td>
</tr>
<tr>
<td>4</td>
<td>Affordable Housing</td>
<td>11/25</td>
<td>Transportation</td>
<td>5/10</td>
</tr>
<tr>
<td>5</td>
<td>Access to Healthier Food</td>
<td>8/25</td>
<td>Health Education Programs</td>
<td>5/10</td>
</tr>
</tbody>
</table>
3. When asked “Do any people/communities you serve in Suffolk have problems getting needed health care? If yes, what do you think the reasons are?” For Suffolk, 14 out of 25 answered “Yes” and the remainder answered “No”. For Nassau, 7 out of 10 answered “Yes” and the remainder answered “No” (Maximum of 5 choices):

<table>
<thead>
<tr>
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<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>No Insurance/Unable to Pay for Healthcare</td>
<td>13/14</td>
<td>Misinformation/Health Illiteracy</td>
<td>6/7</td>
</tr>
<tr>
<td>2</td>
<td>Misinformation/Health Illiteracy</td>
<td>10/14</td>
<td>Transportation</td>
<td>5/7</td>
</tr>
<tr>
<td>3</td>
<td>Language Barriers</td>
<td>8/14</td>
<td>No Insurance/Unable to Pay for Healthcare</td>
<td>5/7</td>
</tr>
<tr>
<td>4</td>
<td>Transportation</td>
<td>7/14</td>
<td>Language Barriers</td>
<td>5/7</td>
</tr>
<tr>
<td>5</td>
<td>Unable to Pay Copays/Deductibles</td>
<td>7/14</td>
<td>Fear/Hesitancy</td>
<td>4/7</td>
</tr>
</tbody>
</table>

4. When asked “What health issues do the people/community you serve need education about?” (Maximum of 5):

<table>
<thead>
<tr>
<th>2022 Rank</th>
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<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mental Health/Depression</td>
<td>15/25</td>
<td>Chronic Disease Management</td>
<td>7/10</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Blood Pressure</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Substance Misuse Blood Pressure</td>
<td>11/25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Chronic Disease Management</td>
<td>11/25</td>
<td>Mental Health/Depression</td>
<td>5/10</td>
</tr>
<tr>
<td>4</td>
<td>Chronic Disease Management</td>
<td>9/25</td>
<td>Food Security</td>
<td>4/10</td>
</tr>
<tr>
<td>5</td>
<td>Suicide Prevention</td>
<td>7/25</td>
<td>Exercise/Physical Activity</td>
<td>3/10</td>
</tr>
</tbody>
</table>

5. When asked “Where do the people/community you serve get most of their health information?”

<table>
<thead>
<tr>
<th>2022 Rank</th>
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<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Family or Friends</td>
<td>22/25</td>
<td>Family or Friends</td>
<td>9/10</td>
</tr>
<tr>
<td>2</td>
<td>Internet</td>
<td>20/25</td>
<td>Internet</td>
<td>8/10</td>
</tr>
<tr>
<td>3</td>
<td>Facebook/Twitter Doctor/Healthcare Provider</td>
<td>16/25</td>
<td>Church Group</td>
<td>8/10</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Television</td>
<td>16/25</td>
<td>Doctor/Healthcare Provider</td>
<td>5/10</td>
</tr>
<tr>
<td>5</td>
<td></td>
<td>15/25</td>
<td>Facebook/Twitter</td>
<td>4/10</td>
</tr>
</tbody>
</table>
6. When asked “What do you think makes a community healthy?” (Open ended; summarized below).

“Access”, “Communication” and “Education” were the three most common themes for both the Nassau and Suffolk respondents. Access to healthcare (such as health insurance and transportation), communication (such as doctor-patient relationships and more community programs) and more available online resources to educate oneself and improve health literacy were the most pressing matters to responders.

7. When asked “How would you rate the health of the people/community you serve?”:

<table>
<thead>
<tr>
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<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Somewhat Healthy</td>
<td>12/25</td>
<td>Somewhat Healthy</td>
<td>8/10</td>
</tr>
<tr>
<td>2</td>
<td>Healthy</td>
<td>7/25</td>
<td>Unhealthy</td>
<td>2/10</td>
</tr>
<tr>
<td>3</td>
<td>Unhealthy</td>
<td>3/25</td>
<td>Healthy</td>
<td>0/10</td>
</tr>
<tr>
<td>4</td>
<td>Very Unhealthy</td>
<td>3/25</td>
<td>Very Unhealthy</td>
<td>0/10</td>
</tr>
</tbody>
</table>

8. When asked “What types of health screenings and/or services are needed to keep people healthy in the community you serve?” (Maximum of 5 choices):

<table>
<thead>
<tr>
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<th>Percentage</th>
<th>Nassau County</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mental Health/Depression</td>
<td>12/25</td>
<td>Blood Pressure</td>
<td>8/10</td>
</tr>
<tr>
<td>2</td>
<td>Substance Misuse</td>
<td>9/25</td>
<td>Chronic Disease Management</td>
<td>8/10</td>
</tr>
<tr>
<td>3</td>
<td>Eating Disorders</td>
<td>8/25</td>
<td>Mental Health/Depression</td>
<td>6/10</td>
</tr>
<tr>
<td>4</td>
<td>Chronic Disease Management</td>
<td>7/25</td>
<td>Exercise/Physical Activity</td>
<td>5/10</td>
</tr>
<tr>
<td>5</td>
<td>Suicide Prevention</td>
<td>7/25</td>
<td>Heart Disease</td>
<td>4/10</td>
</tr>
</tbody>
</table>
About the Long Island Health Collaborative

The Long Island Health Collaborative is a partnership of Long Island’s hospitals, county health departments, physicians, health providers, community-based health and social service organizations, human service organizations, academic institutions, health plans, local government, and the business sector, all engaged in improving the health of Long Islanders. The initiatives of the LIHC are overseen by the Nassau-Suffolk Hospital Council.
HEALTH SURVEY FOR ORGANIZATIONS AND AGENCIES

The county health departments (Nassau and Suffolk), local hospitals, and other community partners are in the process of deciding what health problems we will focus on for the next few years. We would like to find out what problems are vital to the persons and community you provide care/services to. We would like to find out what problems are vital to the persons and community you provide care/services to. We will use these results, along with other information, to plan to improve the health of persons in Nassau and Suffolk counties. Please give us your input by filling this out and sending it back by mail or email. Or, complete the survey online (preferred method) through this link (insert link). The return information is listed at the end of this survey. Thank you.

1. What are the biggest health problems for the people/community you serve? (Please check up to 5)
   - [ ] Access to vaccinations
   - [ ] HIV/AIDS & Sexually Transmitted Diseases (STDs)
   - [ ] Smoking/Tobacco use
   - [ ] Asthma/lung disease
   - [ ] Infections
   - [ ] Teen pregnancy
   - [ ] Cancer
   - [ ] Preventable Injuries
   - [ ] Violence
   - [ ] Care for the elderly
   - [ ] Car crashes
   - [ ] In the home or between partners
   - [ ] Child health & wellness
   - [ ] Pedestrian injuries
   - [ ] Guns
   - [ ] Memory loss
   - [ ] Other: __________________________
   - [ ] Diabetes
   - [ ] Mental health (including depression & suicide)
   - [ ] Rape
   - [ ] Drugs & alcohol abuse
   - [ ] Nutrition / eating habits
   - [ ] Other: __________________________
   - [ ] Environmental problems
   - [ ] Obesity/weight loss issues
   - [ ] Women’s health & wellness
   - (water, pollution, air, etc.)
   - [ ] Premature births
   - [ ] Other: __________________________
   - [ ] Falls in the elderly
   - [ ] Mental health (including depression & suicide)
   - [ ] Other: __________________________
   - [ ] Heart disease & stroke
   - [ ] Nutrition / eating habits
   - [ ] Other: __________________________

2. What would be most helpful to improve the health problems of the people/community you serve? (Please check up to 5)
   - [ ] Access to healthier food
   - [ ] Health education programs
   - [ ] Safer places to walk/play
   - [ ] Affordable housing
   - [ ] Health screenings
   - [ ] Safer work place
   - [ ] Better schools
   - [ ] Home care options
   - [ ] Transportation
   - [ ] Breastfeeding
   - [ ] Insurance enrollment programs
   - [ ] Weight loss programs
   - [ ] Clean air & water
   - [ ] Job opportunities
   - [ ] Other (please specify)
   - [ ] Drug & alcohol services
   - [ ] Mental health services
   - [ ] _____
   - [ ] More grocery stores
   - [ ] Parks and recreation
   - [ ] Other (please specify)
   - [ ] Farmers markets
   - [ ] Safer childcare options

3. Do any people/communities you serve have problems getting needed health care?  
   - [ ] Yes (if ‘yes’, please answer question #4)
   - [ ] No

4. If you answered ‘yes’ to question #3, what do you think the reasons are? (Please check up to 5)
   - [ ] Cultural/religious beliefs
   - [ ] Lack of availability of doctors
   - [ ] Unable to pay co-pays/deductibles
   - [ ] Don’t know how to find doctors
   - [ ] Language barriers
   - [ ] Other (please specify)
   - [ ] Don’t understand need to see a doctor
   - [ ] No insurance and unable to pay for the care
   - [ ] Transportation
   - [ ] Fear (e.g. not ready to face/discuss health problem)
   - [ ] Emergency preparedness
   - [ ] Nutrition

5. What types of health screenings and/or services are needed to keep people healthy in the community you provide care to? (Check up to 5)
   - [ ] Blood pressure
   - [ ] Emergency preparedness
   - [ ] Prenatal care
   - [ ] Cancer
   - [ ] Exercise/physical activity
   - [ ] Quitting smoking
   - [ ] Cholesterol (fats in the blood)
   - [ ] Falls prevention in the elderly
   - [ ] Suicide prevention
   - [ ] Dental screenings
   - [ ] Heart disease
   - [ ] Vaccination/immunizations
   - [ ] Diabetes
   - [ ] HIV/AIDS & STDs
   - [ ] Weight loss help
   - [ ] Disease outbreak prevention
   - [ ] Routine well checkups
   - [ ] Other (please specify)
   - [ ] Drug and alcohol
   - [ ] Memory loss
   - [ ] ______
   - [ ] Eating disorders
   - [ ] Mental health/depression
   - [ ] Other (please specify)
6. What health issues do the people/community you provide care need education about? (Please check up to 5)

☐ Blood pressure ☐ Eating disorders ☐ Mental health/depression
☐ Cancer ☐ Emergency preparedness ☐ Nutrition
☐ Cholesterol ☐ Exercise/physical activity ☐ Prenatal care
☐ Dental screenings ☐ Falls prevention in the elderly ☐ Suicide prevention
☐ Diabetes ☐ Heart disease ☐ Vaccination/immunizations
☐ Disease outbreak prevention ☐ HIV/AIDS & STDs ☐ Quit smoking
☐ Drug and alcohol ☐ Routine well checkups ☐ Other (please specify)

7. Where do the people/community you provide care to get most of their health information? (Check all that apply)

☐ Doctor/health care provider ☐ Library ☐ TV
☐ Facebook or twitter ☐ Newspaper/magazines ☐ Worksite
☐ Family or friends ☐ Other social media ☐ Other (please specify)
☐ Health Department ☐ Radio ☐ _________________________
☐ Hospital ☐ Church group ☐ School or college
☐ Internet ☐ _________________________

8. What do you think makes a community healthy? ____________________________________________

9. How would you rate the health of the people/community you provide care to?

☐ Very healthy ☐ Healthy ☐ Somewhat healthy ☐ Unhealthy ☐ Very unhealthy

If you are able, please complete the following:

Your organization: ___________________________ How old are you? : ______________
Where did you receive this survey: ___________________________ ZIP code or Town where you work: ______________
What is your sex: ☐ Male ☐ Female

Are you Hispanic or Latino? ☐ Yes ☐ No
What race do you consider yourself?
☐ White ☐ Asian/Pacific Islander ☐ Native American
☐ Black/African American ☐ Other (please specify) ______________

What is the highest grade you finished?
☐ 8th grade or less ☐ Technical school ☐ Graduate school
☐ Some high school ☐ Some college ☐ Doctorate
☐ High school graduate ☐ College graduate ☐ Other (please specify) ______________

Your name: ___________________________
Phone #: ___________________________ Your email address: ___________________________

Can we contact you so you can tell us more of your ideas regarding health problems in Nassau and Suffolk counties and what should be done about them?
☐ Yes ☐ No

Email to info@lihc.org or mail to:
Brooke Oliveri, LIHC, 1383 Veterans Memorial Highway, Suite 26, Hauppauge, NY 11788
PREFERRED METHOD OF RETURN IS TO COMPLETE THE SURVEY VIA THIS LINK: