

Long Island Population Health Improvement Program (LIPHIP) Attendance & Meeting Summary: July 13, 2017 9:30-11:30am

Member Attendance: See list attached

<p>Welcome & Introductions</p>	<p>Janine Logan, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, welcomes committee members to the May Long Island Health Collaborative Meeting. All members introduce themselves. 65 members are in attendance.</p>
<p>Announcements and Updates</p> <ul style="list-style-type: none"> • Review of PHIP Documents <ul style="list-style-type: none"> ○ LIPHIP Charter Document Revisions • New York State Dept. of Transportation Pedestrian Safety Grant w/ Nassau County Department of Health • Khol's Cares for Kids Grant w/ Cohen's Children Hospital • 2017 National Walking Summit in St. Paul, MN 	<p>Janine Logan, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, announces that some changes have been made to our Charter document. These changes were suggested by the Steering Committee in March. The changes include: updated collaborative core principals, the welcoming process, member event grid and new member directory. The updated version of this document can also be found on the LIHC website under "Member Resources".</p> <p>Janine Logan, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, announces, through a partnership with the Nassau County Department of Health, we have been awarded the Pedestrian Safety Grant. Next year (2018), we will be planning special events to promote the Governor's Traffic Safety Committee's "See! Be Seen!" pedestrian safety campaign. We have also been awarded the Khol's Cares for Kids grant in partnership with Cohen's Children Hospital. Next year (2018), we will be bringing the "Are You Ready, Feet?" campaign and portal into specific school districts to promote walking and other healthy lifestyle choices.</p> <p>Janine Logan, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, announces she will be representing the Long Island Health Collaborative at the 2017 National Walking</p>

	<p>Summit in St. Paul, Minnesota on September 13 – 15 2017. This year summit is called “Vital and Vibrant Communities: The Power of Walkability”. Janine will be presenting the “Are You Ready, Feet?” campaign and portal.</p>
<p>Collective Impact Think Tank</p> <ul style="list-style-type: none"> • Request for Proposal • September Meeting Date Change to 9/28/17 	<p>Kim Whitehead, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, introduces the Collective Impact Think Tank event we plan on holding in September 2017. About a month ago, we sent out a Request for Proposal (RFP) to all of our members in hopes that we would be able to find a Long Island based company or individual who specializes in collective impact strategy who could lead this session. We have not received any proposals from our members yet. We do have one bid in from a collective impact company; however it is not locally based. This session will help us connect members who are working on similar projects or in the same communities and enhance outcome measures. Proposal from members are due on July 24, 2017.</p> <p>Kim Whitehead, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, announces that due to the planning of the Collective Impact Think Tank, we have decided to move September’s meeting to September 28, 2017. This gives us two extra weeks to plan this session.</p>
<p>DSRIP Partnership Updates</p> <ul style="list-style-type: none"> • Suffolk Care Collaborative <i>presented by Stephanie Burke, Administrative Manager, Sofia Gondal, Community Engagement Liaison, Lyndsey Clark, Community Engagement Liaison and Amanda Chirco, Project Manager, Community</i> 	<p>Stephanie Burke, Suffolk Care Collaborative, introduces the topics of today’s SCC updates (new affiliate agreement status for CBO’s, HITE Suffolk County Advisory Group, and Community Health Activation Program (CHAP) development plan). She then explains affiliate agreements, comparing the agreement to a memorandum of understanding (MOU). SCC is partnering with community-based organizations to collaborate on Integrated Delivery System (IDS) efforts and social determinants of health initiatives. CBOs who become affiliates can graduate into in a coalition partner, which then opens up opportunities for funding. CBOs interest in becoming affiliates need to sign an agreement by July 31, 2017. Email Alyssa Scully at Alyssa.scully@stonybrookmedicine.edu for a contract.</p>

<p><i>Health Initiatives</i></p> <ul style="list-style-type: none"> • Nassau Queens PPS presented by Jessica Byrne, Northwell Health Solutions, Project Manager 	<p>Lyndsey Clark, Suffolk Care Collaborative, announces SCC’s first Suffolk County HITE Advisory group meeting. HITE is an online resource directory that can be used to find health and social services. The advisory group meeting is open to Suffolk County partners using HITE – including hospitals, community providers, and CBO’s. This meeting will take place on Wednesday, August 9, 2017 at 2pm to 4pm at Island Harvest at 40 Marcus Boulevard, Hauppauge, NY 11788. For more information, contact Lyndsey at Lyndsey.Clark@stonybrookmedicine.edu.</p> <p>Amanda Chirco, Suffolk Care Collaborative, gives an overview of the DSRIP Project 2di – which is the implementation of patient and community activation activities to engage, educate and integrate the uninsured and low/non-utilizing Medicaid populations into community based care. SCC is looking for community partners interested in join their efforts to implement the Patient Activation Measures (PAM). For more information on becoming a partner, email Amanda at Amanda.Chirco@stonybrookmedicine.edu.</p> <p>Jessica Byrne, Northwell Health Solutions, explains how NQP and their hubs are using “hot spotting” to determine areas of high-need. Maps of high Medicaid utilization, high use of the emergency department, areas that have similar race/ethnicity characteristics and readmissions are used to focus aid to specific communities. Information found during “hot spotting” is used to find appropriate partners that can bridge gaps in healthcare. For example, many individuals living in Flushing and College Point speak Chinese. Northwell and the other hubs partner with the Chinese-American Planning Council, YMCA and other CBOs to engage these patients in preventative measures and to better manage illnesses like diabetes or hypertension.</p>
<p>Health Policy on the Move – Why It Matters to You presented by Kevin Dahill, President and CEO of the</p>	<p>Kevin Dahill, Nassau-Suffolk Hospital Council, give a synopsis on how health policy is changing given the political climate. Hospitals supported the Affordable Care Act, due to the amount of uninsured people being admitted for care. The ACA does have operational issues; however,</p>

<p><i>Nassau-Suffolk Hospital Council and Northern Metropolitan Hospital Association/Suburban Health Care Alliance and Executive Vice President of the Healthcare Association of New York State (HANYYS)</i></p>	<p>NYS does not have the type of issues other states have experienced. In other states, some of the insurers have completely pulled out of the marketplace, employers were not motivated by penalties to pay for a portion of their employees insurance, young adults who are uninsured were also not motivated by the penalties to join the marketplace – penalties were too meager. This gave insurance companies a different risk pool than they expected and made it difficult to sustain. That did not occur in NY but we did face our own hiccups with the marketplace. Companies offering high reimbursement rates to providers and low premiums to those looking for insurance ended up with a much larger enrollment rate than they could handle. These issues lead us to the healthcare policy today and the dispute over repealing and replacing. Recording of this presentation will be made available shortly.</p>
<p>Walking Events</p> <ul style="list-style-type: none"> • LIHC Summer Walking Events • Suffolk County Marathon • Nassau County 5k Family Fun Walk 	<p>The LIHC will be hosting 2 walks, one in Suffolk and one in Nassau, in August 2017. In partnership with CareConnect, Fidelis, Emblem Health and HealthFirst, we hope that the involvement of our insurance partnership will drive community engagement for a successful and well-attended walk. Suffolk’s walk will take place at Caleb Smith State Park on Thursday, August 17, 2017. Nassau’s walk will take place at Bethpage State Park on Thursday, August 31, 2017. Both walks will be attended by their respective health commissioners, Dr. Tomarken and Dr. Eisenstein.</p> <p>The Suffolk County Department of Health in collaboration with Catholic Health Services will be hosting the 3rd Annual Suffolk County Marathon and Freedom Fest on Sunday, October 29, 2017. There is the option to register for a full marathon, half marathon, 5k and 4 member relay. The Long Island Health Collaborative will be walking as a team in the 5K. Register today at http://www.suffolkmarathon.com/.</p> <p>The Nassau County Department of Health is hosting at Family 5K Walk and Health Expo on Saturday, September 30 in Mitchel Field in Uniondale from 9am to 2pm. The Health</p>

	<p>Expo will feature an array of free health and wellness resources, free workshops, free medical screenings and healthy foods. Register today at www.Nassau5k2017.eventbrite.com.</p>
<p>Article Spotlight</p> <ul style="list-style-type: none"> • NPR, Dog Owners Walk 22 Minutes More Per Day. And Yes It Counts As Exercise! 	<p>Dogs are not only man's best friend, they might make you healthier! In the article "The Influence of Dog Ownership on Objective Measures of Free-Living Physical Activity and Sedentary Behaviour in Community-Dwelling Older Adults: a Longitudinal Case-Controlled Study", researchers found that owning a dog leads to an increase in walking by an average of 22 minutes. This is an extra 2760 steps a days! NPR did a 4 minute "shot" of health news on this study. Transcript of the clip played during the meeting below:</p> <p>Aubrey (host): Now, I know what some of you may be thinking. Dog walkers often look like they're just out for a leisurely stroll. And there's been debate about whether this really gives people the exercise they need to help cut the risk of disease. Previous studies have used pedometers to estimate how many steps dog walkers get from their daily routine. But Daniel Mills, a researcher at the University of Lincoln in the U.K., decided to do something more to measure the intensity of exercise. Daniel Mills: What we did is we actually used a much more sophisticated activity monitor in order to assess the effects. Aubrey: Mills and a group of colleagues recruited volunteers - some who had dogs, some who did not. All of them were in their 60s and older, and they agreed to wear an activPAL monitor for three weeks. The device measures speed, distance and other factors that help scientists calculate the intensity of exercise. Mills: People wore it 24 hours a day, which gave us a real insight into the total amount of activity. Aubrey: Mills says what they found surprised him. Dog owners walked more, an average of 22 minutes more per day compared to those who didn't have dogs. And it turns out they weren't just dawdling. Mills: Not only did we see an increase in exercise, but also it was at a moderate pace. Aubrey: By moderate, he means brisk. The dog owners were at times walking at a pace of 3 miles per hour, getting their heart rates up. Robert Sallis: This is a great study. Aubrey: That's Robert Sallis, a family physician with Kaiser Permanente in California. He was not involved in the research but commented on the findings. Sallis: Well, you know, it's</p>

	<p><i>amazing. The national physical activity guidelines call for 150 minutes a week of moderate-intensity exercise, and that's what they got in this study. Aubrey: Sallis says adopting a dog can help put an end to the excuses people have for not exercising. Sallis: If you look at a lot of the studies that have been done on pet ownership, dogs in particular, that people who own pets seem to live longer than those who don't own them. Aubrey: And he says the walking is likely part of the reason why. Sallis: Walking every day reduces your risk of virtually every chronic disease, starting with diabetes to heart disease to cancer to stroke. Aubrey: And he says the health benefits of dog ownership are likely explained by other factors, too. Sallis: Perhaps the companionship, lower rates of depression, stress. I think that having a pet I think as you grow older is a great idea. ♦ Listen to the full radio spot here.</i></p>
<p>Status Report on LIHC Projects</p> <ul style="list-style-type: none"> • Academic Partners' Library Asset Mapping Project <i>presented by Lisa Benz-Scott, Stony Brook University, Director of Master of Public Health Program</i> • Community Health Assessment Survey update • Cultural Competency Webpage and program development 	<p>Lisa Benz-Scott, Stony Brook University, gives an overview of the Library Asset Mapping project that was born from a journal article Janine Logan, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, presented at a previous LIHC meeting. Currently, Stony Brook University is waiting to being added to UPenn's IRB proposal. The project will make an inventory of all the health resources and classes provided by Suffolk County libraries. Libraries serve as a great partner in reaching communities and this will give us an idea of how to use their resource to better serve individuals in high need areas. Until receiving IRB approval, not much can be done. A Stony Brook Public Health Program graduate student is working on mapping all libraries in Suffolk County.</p> <p>Pascale Fils-Aime, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, explains changes to the community assessment survey. The survey has been renamed the "<i>Long Island and Eastern Queens Community Health Assessment Survey</i>", to reflect the addition of eastern Queens to the catchment area. Therefore, Eastern Queen zip code will be collected from the online and paper survey. Also, a question has been added on insurance type with the options of Private/Commercial, Medicare, Medicaid, or None.</p>

	<p>Kim Whitehead, Nassau-Suffolk Hospital Council/Long Island Health Collaborative, gives a brief introduction to the Cultural Competency/Health Literacy (CCHL) training website. This webpage was created to simplify the process of finding information and resources about future CCHL training. The site links to registration pages for physical and virtual trainings hosted by SCC and NQP.</p>
<p>Adjournment</p>	<p>The next LIPHIP Meeting is scheduled for: September 28, 2017 - this meeting's location will be announced at a later date. As always, we are incredibly thankful for all that our members do to drive LIHC initiatives. Please remember to send us your organization's events for us to add to the website!</p>

In Attendance: Adesuwa Obasohan, SCDOH, Office of Minority Health, Health Program Analyst I; Alexandra Sanjuan, Make the Road, Long Island Health Coordinator; Allison Puglia, Island Harvest, VP of Programs and Agency Relations; Amanda Chirco, Suffolk Care Collaborative, Project Manager; Angella Melville, South Nassau Communities Hospital, RN; Angie Lee, Northwell Health LIJ, Research Assistant; Ann Marie Montijo, Association for Mental Health & Wellness, Deputy Director for Strategic Initiatives; Anne Little, Asthma Coalition of LI/ALA, Director; Besai Barrera, Fidelis Care, Outreach Specialist; Bruce Berlin, MD, Suffolk County Medical Society, President; Carol Odnaha; Visiting Nurse Service of NY, Director Nurse Family Partnership; Carolann Foley, St. Joseph's Hospital, Director, Community Relations; Casidhe Bethancourt, BFREE, Associate Coordinator; Celina Cabello, Nassau County Department of Health, Epidemiologist; Chris Hendriks, Catholic Health Services - Long Island, VP, Public & External Affairs; Chris Ray, Suffolk Care Collaborative, Data Analyst; Christine Duffy, St. Mary's Healthcare System for Children, Project Manager DSRIP & Strategic Plan; Doreen Guma, Time to Play Foundation, Founder; Eileen Pillitteri, Maurer Foundation, Program Manager; Ellen Higgins, Suffolk County Department of Health Maternal Infant and Children's Health Center, Program Coordinator; Esperanza Viera, Good Samaritan Hospital, Community Health; Felix Ruiz, HRH Care, Prep Educator; Gary Carpenter, Marcum, Director of Healthcare Services; Genesis Bayuelo, HealthFirst, Community Engagement Developer; Grace Kelly McGovern, Suffolk County Department of Health, Director, Public Relations; Hadine McKinney, Long Island Harvest; Irene Koundourakis, NuHealth Federally Qualified Health Center, Outreach Specialist; James Tomarken, MD, Suffolk County Department of Health, Commissioner; Janine

Logan, Nassau-Suffolk Hospital Council, Senior Director, Communications and Population Health; Jessica Byrne, Northwell Health, Project Manager; Joe Lanzetta, Mercy Medical Center, Director of Planning & Community Health; John Franco, Fidelis Care, Community Relations Specialist; Joseph Sarno, NADAP, Senior Vocational Case Manager; Karen Beck, Association for Mental Health and Wellness, Quality Improvement; Karen Tripmacher, Winthrop University Hospital, Assistant Director, Community Relations and Special Projects; Karyn Kirschbaum, Western Suffolk BOCES, School Health Policy Coordinator; Keiko Cervantes-Ospina, Attorney-In-Charge, Community Legal Advocate; Kelly Devito, Horizons Counseling, Youth Services Specialist; Kevin Dahill, Nassau-Suffolk Hospital Council, CEO; Kim Whitehead, Nassau-Suffolk Hospital Council, Communications Specialist; Lauren Docdian, Health and Welfare Council of Long Island, Intern; Linda Mermelstein, Suffolk County Department of Health, Chief Deputy Commissioner; Lisa Benz-Scott, Stony Brook University, Director, Public Health Program; Lyndsey Clark, Suffolk Care Collaborative, Community and Engagement; Marguerite Smith, Shinnecock Nation, Project Manager; Marilyn Fabbicante, St. Charles Hospital, Executive Director, Public and External Affairs; Mary Ellen McCrossen, St Catherine of Siena, Outreach Coordinator; Maura Holmes, Brookside Multicare Nursing Center, Account Manager; Michael Stoltz, Association for Mental Health & Wellness, CEO; Michele Bontempi, National Grid, Accounts Manager; Michele Gervat, American Heart Association, Regional Director; Monica Diamond-Caravella, Farmingdale State College, Assistant Professor; Paige Brodbeck, Suffolk County Department of Health, Intern; Pascale Fils-Aime, Nassau-Suffolk Hospital Council, Community Engagement Assistant; Patricia Gilroy, Catholic Health Services - Long Island, Manager of Community Benefit; Patricia Gremillion-Burdge, Western Suffolk BOCES, School Health Policy Coordinator; Phil Horowitz, MD, NYRED, CEO; Renee Flagler, Girls, Inc. Long Island, Executive Director; Rodolfo Cano, Fidelis, Outreach Specialist; Sara Scheidlinger, Western Suffolk BOCES, Intern; Snober Lakhani, Visiting Nurse Services of NY (Nassau), Manger, Nurse Family Partnership; Sofia Gondal, Suffolk Care Collaborative, Community Engagement Liasion; Stuart Vincent, John T. Mather Memorial Hospital, Director of Public Relations; Tavora Buchman, Nassau County Department of Health, Director, Quality Improvement, Epidemiology & Research; Virginia Walsh, Honeywell, Smart-Grid, Outreach Coordinator.