COMMUNITY SERVICE PLAN & IMPLEMENTATION PLAN

Long Island Jewish Medical Center
2022–2024

Long Island Jewish Medical Center, Cohen Children’s Medical Center, LIJ Forest Hills, LIJ Valley Stream and Zucker Hillside Hospital
Mission Statement

As part of Northwell Health, our overarching mission is to improve the health of the communities we serve. At Long Island Jewish Medical Center, we strive to be a high-volume regional referral center for complex tertiary care, nationally recognized as a leader in the management of cancer and women’s health.

Who We Are

A cornerstone of Northwell Health, Long Island Jewish Medical Center (LIJMC) is a nonprofit teaching hospital serving the greater metropolitan New York area. LIJMC is a 1,004-certified bed hospital. LIJMC’s focal point is the complete care of every patient, with a compassionate and collaborative approach to ensure the best possible outcomes. LIJMC’s campus comprises the following hospitals: Long Island Jewish Forest Hills, Long Island Jewish Valley Stream, Steven & Alexandra Cohen Children’s Medical Center of New York, and Zucker Hillside Hospital.

Long Island Jewish Medical Center was the first in New York to achieve certification for advanced spine surgery. LIJMC received top-50 national ratings in 22 adult medical specialties in U.S. News & World Report’s 2021-2022 Best Hospital rankings. LIJMC was also rated among the top seven hospitals in the New York metropolitan area and the entire state, according to U.S. News’ analysis of more than 4,500 medical centers nationwide. Long Island Jewish Medical Center’s Katz Women’s Hospital is named one of the nation’s top hospitals for maternity care on U.S. News & World Report’s inaugural Best Hospitals for Maternity list.

The hospital offers the following patient services:
- cardiology
- organ transplantation
- neurology/neurosurgery
- cancer services (surgical oncology and vascular surgery)
- thoracic
- wound healing
- orthopedics
- ambulatory care
- obstetrics/gynecology
- gynecologic oncology
- head and neck
- emergency department
- urology

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Mission Statement

At Cohen Children’s Medical Center, children see us differently — because we approach them differently. We understand their needs, their emotions, their fears and their wish to lead normal lives — to just be kids. That is why we have created a warm and bright environment to make every child’s stay with us as pleasant and comfortable as possible.

Who We Are

At Cohen Children’s Medical Center, our 206-bed facility, is dedicated to providing the very best care to meet the special needs of children, from infants to young adults. Cohen Children’s Medical Center opened in 1983 as the New York metropolitan area’s only hospital designed exclusively for children. Today, Cohen Children’s Medical Center is the largest provider of pediatric health services in New York state, serving 1.8 million children in Brooklyn, Queens, Manhattan, Staten Island, Westchester, Nassau, and Suffolk counties across our free-standing hospital, 34 general pediatric facilities, 41 sub-specialty practices, five school-based health centers, and two dedicated pediatric Go Health urgent care centers.

Cohen Children’s Medical Center is ranked the #1 children’s hospital on Long Island, following 16 years of consecutive ranking by U.S. News & World Report. In addition, our Level IV NICU is recognized as the regional care center for high-risk pregnancies and family experiences. Cohen Children’s Medical Center’s neonatal care was ranked 32nd nationally in the latest U.S. News and World Report ranking of children’s hospitals.

The hospital offers the following patient services:
- adolescent medicine
- anesthesiology
- behavioral health
- urgent care
- dental services
- endocrinology and diabetes
- hematology and oncology
- intensive care
- nephrology and kidney transplantation
- ophthalmology
- physical medicine and rehabilitation
- psychiatry
- specimen lab
- urology
- advanced fetal care
- Cohen Children’s Heart Center
- developmental and behavioral pediatrics
- gastroenterology and nutrition
- hospital medicine
- medical genetics and human genomics
- neurology
- orthopedics
- plastic and craniofacial surgery
- radiology
- surgery
- allergy and immunology
- Critical Care Transport Program
- emergency medicine
- general pediatrics
- infectious diseases
- neonatology
- neurosurgery
- otolaryngology
- pulmonology
- rheumatology
- transgender care services
- Pediatric Cancer Center
- Pediatric Sleep Center
- dedicated pediatric MRI
Mission Statement

At Long Island Jewish Forest Hills, our mission is to provide the county with the highest quality and most compassionate health care, sensitivity, and respect for the cultural needs of our patients and their families.

Who We Are

Long Island Jewish Forest Hills (LIJFH) is a 312-licensed bed hospital providing comprehensive inpatient medical and surgical care, intensive care, women’s health, and neonatal services. LIJFH is designated as a Level II Perinatal Center. Our emergency department is a 911 receiving site, a certified cardiac-capable facility, and a New York State-designated Primary Stroke Center. In addition, the hospital also offers a well-regarded medical residency education program and a podiatry residency education program.

LIJFH has received several awards and accreditations: BEACON Award Gold Level National Honor Recognizing Excellence in Critical Care, PATHWAY Designated American Nurses Credentialing Center; American Society for Metabolic Bariatric Surgery/American College of Surgeons-accredited bariatric surgery program; Center of Excellence in Minimally Invasive Gynecologic Surgery (COEMIG); American College of Surgeons Commission on Cancer-accredited cancer program; Joint Commission Advanced Certification Total Hip and Knee; Antimicrobial Stewardship Center of Excellence for having achieved professional excellence in stewardship and providing significant service to the field; Baby Friendly Designated hospital; Accredited Geriatric Emergency Care; Age-Friendly Health Systems Committed to Care Excellence; American College of Radiology Designated Diagnostic Imaging Center of Excellence; Quality Care for ALL, Proud Center for Diversity, Inclusion and Health Equity.

The hospital offers the following patient services:

- bariatric surgery
- cardiology
- orthopedic surgery
- thoracic surgery
- general surgery
- urology
- medical and surgical cancer services
- women’s health including obstetrics and gynecology
- imaging services
- emergency medicine
- gastroenterology
- electrophysiology
- advanced endoscopy
- infectious diseases, endocrinology
- pulmonology
- neurology
Mission Statement

As a member of Northwell Health, Long Island Jewish Valley Stream strives to improve the health and quality of life of the people and communities it serves by providing world-class service and patient-centered care.

Who We Are

In Long Island Jewish Valley Stream (LIJVS), we have access to vast resources and the expertise of esteemed clinicians who provide world-class care in various specialties, including urology, wound care, and emergency medicine. Along with exceptional care, LIJVS cares about community outreach programs and support groups. LIJVS’s orthopedic hospital is the hospital of choice for premier orthopedic care on the south shore of Long Island and beyond.

Long Island Jewish Valley Stream has been awarded several accolades, including but not limited to the Gold Beacon Award for Critical Care, the Stroke Gold Plus recognition from the American Hospital Association, “Healthcare’s Most Wired” recognition from the Healthcare Equality Index Human Rights Campaign, and is a Center of Excellence for Diagnostic Imaging, Antimicrobial Stewardship, Robotic Surgery, and Hernia Surgery. LIJVS was named Antimicrobial Stewardship Centers of Excellence by the Infectious Diseases Society of America. LIJVS becomes the first hospital in the United States to use LUMINOS Lotus Max imaging technology to deliver enhanced patient care and streamline the diagnostic imaging process. The technology is a two-in-one fluoroscopy and radiography imaging system, allowing traditionally separate imaging tests to be performed at the same time.

The hospital offers the following patient services:

- advanced surgical services (colorectal surgery, general surgery, gynecological surgery, orthopedic surgery, plastic and reconstructive surgery, podiatry, spine surgery, thoracic surgery, urology, vascular surgery)
- cardiology
- comprehensive laboratory services
- critical care services
- gastroenterology
- hyperbaric therapy
- interventional radiology
- hospitalist medicine
- nephrology
- palliative medicine
- physical medicine and rehabilitation
- pulmonary medicine, radiology
- wound care and limb preservation medicine
- specialized programs (Family Caregiver Program, Lions Eye Bank for Long Island, Northwell Health Orthopedic Institute, Stroke Center, The Center for Surgical Specialties).

Long Island Jewish Valley Stream
Mission Statement

At Zucker Hillside Hospital, our goal is to promote wellness and reintegrate patients into the community to work, attend school, socialize and live independently.

Who We Are

Zucker Hillside Hospital (ZHH) is Northwell Health’s nationally recognized behavioral health center known, for its pioneering clinical, teaching and research programs. Patients benefit from the care of a highly experienced, multidisciplinary team of psychiatrists, nurse practitioners, registered nurses, mental health workers, psychologists, social workers, activities specialists/recovery counselors, peer counselors, and patient engagement specialists, along with a hospitalist team for any medical needs.

Zucker Hillside has been recognized for its world-renowned behavioral health programs and initiatives. The hospital is a recipient of the NICHE Trailblazer Award, NAMI Arnold Gould Award, and Healthcare Equality Index Award, and was designated a Clinical Research Center for Study of Schizophrenia by the National Institute for Mental Health.

Zucker Hillside offers the following services: Inpatient services include adolescent, adult, young adult/behavioral health college partnership, geriatric, and women’s (perinatal psychiatry) units; outpatient programs serve all ages and encompass the full continuum of care. These services include tracks for OCD, bipolar, college students, early treatment psychosis, perinatal psychiatry, partial hospital treatment programs, and a full range of psychiatric rehabilitation services. The outpatient programs offer short-term therapy for those dealing with acute stressors, as well as ongoing treatment for those with more serious mental health issues. In addition, Zucker Hillside provides electroconvulsive therapy (ECT), a nationally recognized research and teaching program that provides comprehensive and maintenance ECT. Operating five days a week, this program treats patients on an inpatient and ambulatory basis.

Addiction treatment services are available both on campus and in numerous community-based sites; Zucker Hillside provides psychiatric care for patients and internal medicine consultation as an advanced treatment model integrating hospital medicine/primary care and behavioral health services. The hospital is a site of multiple National Institute of Mental Health (NIMH) research studies focused on the treatment of schizophrenia, including a Clinical Research Center, Intervention Research Center and a Center for Intervention Development and Applied Research.
Northwell Health, New York State’s largest health care provider, cares for over two million people annually in the New York metropolitan region. Northwell operates 21 hospitals across 13 campuses, 830 outpatient facilities and has more than 16,600 affiliated physicians on its medical staff, 4,200+ of which are members of Northwell’s multi-specialty physician’s group. Northwell is also home to the Feinstein Institutes for Medical Research, and we train the next generation of medical professionals at the innovative Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, and the Hofstra Northwell School of Nursing and Physician Assistant Studies.

Northwell has a long standing commitment to providing exceptional care and investing in our most vulnerable and underrepresented communities. We have developed an extensive network of community partnerships to impact the health and wellbeing of the diverse communities we serve.

Our goal is to measurably improve health and wellness in the communities we serve and to provide the highest quality of care for all regardless of race, ethnicity, cultural background, language proficiency, literacy, age, gender, gender identity, sexual orientation, religion, disability, geographic location, or socioeconomic status. Northwell’s integrated community and population health strategy includes data-driven approaches to screening for and addressing non-medical factors (social determinants of health). In doing so, our mission is to empower the communities we serve to eliminate disparities and create sustainable change. This mission is aligned with the Surgeon General’s National Prevention Strategy, which we believe is fundamental to delivering the highest quality of care to all.
Northwell’s service area includes the following counties: Queens, Nassau, Suffolk, Manhattan, Westchester and Staten Island. It serves a population of eight million residents, over 41% of the total population of New York State. According to the U.S. Census, the population of the service area grew by 2.3% between 2010 and 2020, faster than the 1.5% growth of New York State overall. Nearly one-fifth of the service area residents are under 18 years old, and over 16% of the population is over 65 years old. Northwell’s service area contains some of the most racially, ethnically, and linguistically diverse communities in the nation, spanning urban, suburban and rural settings. The health of its eight million residents is impacted by a broad range of social determinants of health. Over 4 in 10 residents are from communities of color. The service area is also characterized by a higher density of foreign-born residents (29.5%), compared to the overall state (22.4%). Economic factors such as poverty and access to care underpin the health of our residents. One-tenth of the population lives below the poverty line. Over 20% of our residents receive Medicaid health insurance coverage, while over 5% of our residents remain uninsured.
Serving the Community
Long Island Jewish Hospital

Inpatient Origin
- Queens: 61.8%
- Nassau: 25.2%
- Suffolk: 6.0%
- Manhattan: 1.3%
- Westchester: 1.3%
- Staten Island: 1.3%
- Other: 6.0%

Top 10 Languages Spoken at Home
1. English
2. Spanish
3. Bengali
4. Mandarin
5. Punjabi
6. Haitian Creole
7. Russian
8. Cantonese
9. Urdu
10. Korean

Age Distribution
- 0-17: 1.3%
- 18-44: 38.5%
- 45-64: 23.6%
- 65+: 36.5%

Payor Composition
- Commercial: 37.8%
- Medicaid: 32.5%
- Medicare: 28.9%
- Self-Pay/Other: 0.8%

Source: NYSDOH SPARCS 2021; Prepared by the Office of Strategic Planning at Northwell Health/jc; Long Island Jewish Hosp
Serving the Community
Cohen Children’s Medical Center

Payor Composition

Inpatient Origin

Age Distribution

Top 10 Languages Spoken at Home

1. English
2. Spanish
3. Bengali
4. Arabic
5. Mandarin
6. Haitian Creole
7. Urdu
8. Russian
9. Punjabi
10. Hindi

Source: NYSDOH SPARCS 2021; Prepared by the Office of Strategic Planning at Northwell Health/jc; Cohen Children’s Med Ctr
Serving the Community
Long Island Jewish Forest Hills

Inpatient Origin
- Queens: 90.2%
- Nassau: 7.1%
- Manhattan: 0.6%
- Suffolk: 0.5%
- Westchester: 0.1%
- Staten Island: 0.1%
- Other: 0.1%

Age Distribution
- 65+: 38.7%
- 45-64: 21.3%
- 18-44: 26.8%
- 0-17: 13.3%

Payor Composition
- Commercial: 41.7%
- Medicaid: 39.6%
- Medicare: 17.8%
- Self-Pay/Other: 1.0%
- Other: 1.0%

Top 10 Languages Spoken at Home
1. English
2. Spanish
3. Russian
4. Bengali
5. Mandarin
6. Cantonese
7. Polish
8. Arabic
9. Korean
10. Uzbek

Source: NYSDOH SPARCS 2021; Prepared by the Office of Strategic Planning at Northwell Health/jc; LIJ Forest Hills Hospital
Serving the Community
Long Island Jewish Valley Stream

Inpatient Origin

Top 10 Languages Spoken at Home

1. English
2. Spanish
3. Haitian Creole
4. Punjabi
5. Italian
6. Urdu
7. Bengali
8. Hindi
9. Korean
10. Mandarin

Age Distribution

Payor Composition

Source: NYSDOH SPARCS 2021; Prepared by the Office of Strategic Planning at Northwell Health/jc; LIJ Valley Stream Hospital
Our Community Health Needs Assessment (CHNA) process consisted of a series of efforts to solicit input from leaders representing the interests of the communities we serve. As part of an integrated health system, the Office of Community and Population Health established the Northwell Health CHNA 2022 Steering Committee to serve as the platform of stakeholders and experts to plan, coordinate, and report the CHNA to our leadership and our strategic partners. The committee agreed that the needs assessment should be based on both qualitative and quantitative data, collected from community organizations and the population at large, as well as through in-depth analyses of publically available data on health indicators and outcomes.

Our primary analysis for our needs assessment included a series of focus group discussions (FGDs) across our health system’s six-county service area. The FGDs were held with 82 leaders from governmental, non-profit, community- and faith-based organizations, who exist to meet the needs of the underserved and marginalized populations within our communities. We also collaborated with the Greater New York Hospital Association (GNYHA) and member organizations (i.e. hospitals and health systems) to design and distribute a community health survey to garner feedback from our members themselves. Our efforts resulted in nearly 12,000 respondents within our overall service area. The primary analysis of our assessment ensured that we include the “voice of our communities,” meeting them where they are and identifying their significant and unmet health needs. We then supplemented our primary analysis with an extensive secondary analysis of publicly available community and public health data, across several data sources, to build a more robust picture of health outcomes and trends in our communities.

Our efforts resulted the identification of three major significant gaps in the health of our communities:

- Disruptions in care for chronic conditions
- Worsening mental health and substance use disorders
- A greater need for women and children’s care
Prevention Agenda 2019–2024: New York State’s Health Improvement Plan

Glen Cove Hospital, as part of Northwell Health, aligns its mission with the U.S. Surgeon General’s National Prevention Strategy (NPS) to realize the benefits of prevention for healthier communities. The NPS provides evidence-based recommendations for improving health and wellness and addressing leading causes of disability and death.

The framework of the NPS is defined by its four strategic directions and seven priorities shown below:

### STRATEGIC DIRECTIONS:
- Healthy and Safe Community Environments
- Clinical and Community Preventive Services
- Empowered People
- Elimination of Health Disparities

### PRIORITIES:
- Tobacco Free Living
- Preventing Drug Abuse and Excessive Alcohol Use
- Healthy Eating
- Active Living
- Injury and Violence Free Living
- Reproductive and Sexual Health
- Mental and Emotional Well-Being
In alignment with the NPS, and as a result of our Community Health Needs Assessment (CHNA) process, Glen Cove Hospital and Northwell Health have selected the following priorities and focus areas from New York State DOH’s Health Improvement Plan, 2019-2024 Prevention Agenda.

<table>
<thead>
<tr>
<th>Prevent Chronic Diseases</th>
<th>Promote Well-Being and Prevent Mental and Substance Use Disorders</th>
<th>Promote Healthy Women, Infants, and Children</th>
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<tbody>
<tr>
<td>Healthy Eating and Food Security</td>
<td>Well-Being</td>
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<td>Physical Activity</td>
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<tr>
<td>Chronic Disease Preventive Care and Management</td>
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<td>Cross Cutting Healthy Women, Infants, and Children</td>
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The selection of our community health priorities in alignment with the NYSDOH Prevention Agenda have been reviewed and formally approved by the Committee on Community Health of the Northwell Health Board of Trustees.

**Community Service Plan Highlights**

Our Community Service Plan brings together our coordinated efforts in disease prevention and promoting health and well-being for our communities. It details our evidence-based programs that are implemented in Glen Cove Hospital and Northwell Health overall to address the significant health needs we identified, in alignment with our three selected NYSDOH Prevention Agenda items. As mentioned in other areas of our report, it emphasizes the work we do in collaboration with our strategic partners to ensure equitable access to care and resources to prevent disease. The following section highlights some of our key initiatives that align with our selected Prevention Agenda priority areas. A more comprehensive review of our evidence-based programs, in coordination with other Northwell providers across our service area, is detailed in our Joint Implementation Plan.
Community Service Plan: Programs and Services

Access to Care for the Underserved

Financial Assistance Program (FAP)

In accordance with current policy at Glen Cove Hospital and for all Northwell Health facilities and services, the ability to pay will not be a factor in the process of accepting patients. Every effort will be made to ensure that appropriate payment is made, but in no circumstance will a patient be refused medically necessary treatment due to inability to pay. In addition to our generous Financial Assistance Program (FAP) that is available to patients and their families with household incomes under 500% of the poverty line, Northwell Health has a sliding fee scale program offering services at a reduced fee. All services will be offered to those in need of care who satisfy admission requirements, regardless of age, sex, sexual orientation, race, creed, religion, disability, source of payment or any other personal characteristic.

Northwell Health is dedicated to providing accessible and affordable care to the individuals, families, and communities we serve. Through our financial assistance program, we provide discounted services — based on financial need — to those who are uninsured, underinsured, ineligible for government programs or other third-party coverage, or otherwise unable to pay for emergency or other medically necessary care. The program is designed to help patients who have received emergency or other medically necessary services but are uninsured, underinsured, or have exhausted their benefits for a particular service. Eligibility for the program is based on current income and family size (i.e. less than or equal to $138,750 for a family of four).

The program is promoted through:

- Multilingual signage throughout Northwell facilities
- Multilingual educational brochures at key points of patient contact
- Northwell’s Financial Assistance Programs & Policies website
- Patient bills — all bills include a notice about the FAP, along with the program’s toll-free number 800-995-5727

Additionally, the application process for financial assistance is simplified; patients can apply online for the fastest turnaround time. Applications by mail and telephone are accepted. Applications are simplified to one page and are also available in 22 languages.
Center for Equity of Care
The Center for Equity of Care (CEC) focuses on redesigning Northwell’s health care delivery, to provide high-quality equitable care to all our patients and the communities we serve. The CEC is focused on eliminating health disparities through a focus on diversity, equity and inclusion. The CEC’s mission is to advance the delivery of culturally and linguistically appropriate health care in partnership with our communities with the goal of achieving health equity. To do this, the CEC establishes policies, procedures and programs, in addition to training our Northwell team members. In partnership with others, some of our programs include a robust health literacy and language-access program, the establishment of the Hofstra/Northwell medical-legal partnership and a system-wide social determinants of health screening and navigation program. The CEC has educated and trained our workforce on issues such as diversity and inclusion, unconscious bias, racism, social justice, health literacy, and cultural and linguistic competencies. Through these trainings, we have created a culture change to establish a health care system that aims for belonging and social justice. Alongside our programs and training have been CEC’s efforts to empower our patients and communities to be partners in their care. Collectively through these endeavors, the CEC has been Northwell’s impetus in mitigating health disparities across race, ethnicity, language, sex and gender.

Effective Communication in Health Care
The Center for Equity of Care is a system-wide resource and offers many educational opportunities to ensure the integration of cultural and linguistic competency into the organization’s fabric. To ensure meaningful access to health care services for persons with Limited English Proficiency (LEP) or persons whose preferred language is not English, free medical interpretation and document translation services are available 24/7. Sign language interpretation services for the deaf/hard-of-hearing and specific communication tools for visually and speech-impaired patients are also available. For more information, please call the Center for Equity of Care at 516-881-7000.
MedShare

Northwell Health partners with MedShare, an organization that recovers valuable, unused surplus medical supplies and equipment in the United States, which would otherwise be discarded. This past year 1.67 million pounds of quality and unused medical supplies and equipment were successfully diverted from landfills. This partnership successfully bridges the gap between surplus in the U.S. and health care institutions in developing countries, which have a significant need for medical supplies and expertise. Over half of Northwell Health hospitals and the Integrated Distribution Center provide donations, including beds, biomedical equipment and other assorted medical supplies. In 2020, Northwell Health donated more than 59,000 pounds of unused medical supplies and equipment; and in 2021, Northwell Health donated more than 120,000 pounds of unused medical supplies and equipment.

These donations achieve multiple objectives, especially for women and children in vulnerable communities:

- Decrease global health disparities
- Increase the capacity to effectively care for more women and children in local health care systems
- Strengthen global health systems
- Improve health outcomes at the institutional and community level
- Save lives and increase the capacity to deliver quality health care
Military Liaison Services

It is Time for “Thank You for Your Service” to Mean More

Each year, approximately 200,000 service members transition from active duty. An average of just 30% of these annual military end-of-service discharges qualify for some form of VA health care coverage; the remaining 70% receive coverage through Tricare for only 90 days post-discharge. As a direct response to the ongoing needs of active-duty personnel, veterans and their families, we established the Northwell Health Military Liaison Services (NHMILS) department in 2021. Northwell Health is helping to ease the burdens for those who have sacrificed tremendously to safeguard our nation; NHMILS encapsulates administrative, social, and clinical services and support for our nation’s heroes under one roof. NHMILS will support Northwell in strategically standing a new service line dedicated to supporting Northwell Health’s clinicians and partners in the community.

The NHMILS is organized into three foundational pillars:

- **Exceptional Care** - Utilizing a proactive holistic approach to care coordination, licensed master social workers connect to service members, veterans, and their families and offer additional support post-discharge. Aspects of care routinely covered include but are not limited to patient transfers, critical care, pre-surgical testing, appointment coordination and scheduling, and conducting needs assessments.

- **Life After Service** - Reimagining how veterans thrive when they return home from active-duty, Military Talent is assisting Talent Acquisition with an additional 100 veteran, service member and spouses new hires per year by conducting one on one career planning sessions and advocating with recruiters and hiring managers on their behalf, and

- **Innovation** - Advancing research and discovery to treat our heroes. In close partnership with the Feinstein Institutes for Medical Research and the Center for Learning and Innovation, NHMILS works to ensure that every physician across Northwell’s system is prepared to understand and care for the needs of veterans and their families.
Caring for service members and their loved ones extends far beyond behavioral health. As the largest health care provider and private employer in New York State, Northwell Health is uniquely positioned to meet these challenges head on. We provide leadership development, support for military families, advocacy for veterans, physical services and employment opportunities. Applying the Community Care Coordination Model to strengthen the private-public partnership between Northwell and the VA, we can address the social determinants of health of veterans and their families and schedule all aspects of clinical and behavioral services.

Furthermore, enveloping existing services, programs and processes under the umbrella of the Community Care Coordination Model, NHMILS can support ongoing programs and efforts including SkillBridge (DoD “Career Skills” program) and Pay Differential programs. Moreover, the development of the “Side by Side” series has added value to both the veteran population and the community as a whole; this two-part event provides an opportunity to honor and celebrate our military. An evening ticketed concert, open to the public, that supports our Military Liaison Services. We launched this yearly event in 2019 and over the years, we have connected with all the communities we serve in New York City and Long Island, and our efforts have been recognized by national publications and the NY Emmy’s for Content. The collective efforts across the organization have earned Northwell awards in 2022, including Military Friendly Top 10 Company, Military Friendly Top 10 Employer, Military Friendly Top 10 Spouse Employer, Military Friendly Supplier Diversity Program, and Military Friendly Brand.

Health Solutions

Northwell Health Solutions supports our providers who care for patients with complex medical conditions and social needs, and addresses the challenges of navigating access to health care resources.

Northwell Health Solutions also oversees the organization’s Health Home program. Northwell’s Health Home is a New York State Medicaid program for patients with two or more chronic medical conditions who are vulnerable to poor outcomes. A “Health Home” is not a physical place, but rather a group of health care and service providers working together to make sure members get the care and services they need to stay healthy. Once enrolled in a Health Home, each member will have a care manager who works with them to develop a care plan. A care plan maps out the services needed, to put the member on the road to better health.

Some of the services include:

- Connecting to primary care providers
- Connecting to mental health and substance abuse providers
- Connecting to needed medications
- Help with housing
- Social services (such as food, benefits, and transportation)
- Other community programs that can support and assist members
Human Trafficking Response Program

Human trafficking is a public health issue that requires cooperation and collaboration among health care, law enforcement, community-based organizations and society as a whole. The Northwell Health Human Trafficking Task Force was created in 2018 to ensure a population approach to the crisis of human trafficking. The mission of Northwell’s Human Trafficking Task Force is to provide a medical safe haven for survivors and those at risk of human trafficking at the local, national and global level and to educate, promote advocacy, respond, and train in mitigating this public health crisis. The Task Force has already become a recognized leader in rallying the health care industry to combat the social injustice of human trafficking on a local, national and international level. The Task Force has identified team leaders at Northwell hospitals to become experts on the topic, train co-workers and identify potential victims and contribute to best practices. Thanks to the Task Force, Northwell was recently honored as one of six health systems nationwide and selected to participate in a pilot study by the United Nations through Global Strategic Operatives for the Eradication of Human Trafficking (GSO). The study will aid the World Health Organization (WHO) in creating a standardized set of protocols and guidelines aimed at properly identifying human trafficking victims and helping them find safety.

The Human Trafficking Task Force has:

- Hosted over **8,000** attendees and participants at external educational series and symposia,
- Trained over **7,000** Northwell Health clinical and non-clinical staff members,
- Created community partnerships with the Empowerment Collaborative of LI, Clean State Living, Suffolk County, Anti-Trafficking Initiative, NOMI Networks, and RestoreNYC, and
- Prepared and distributed human trafficking education materials for the Emergency Department and Labor & Delivery service lines to display within their respective sites and locations.
Northwell Health’s Center for Transgender Care

According to the Trevor Project, transgender youth report higher rates of depression, suicidality and victimization compared to their cisgender peers. Northwell Health’s Center for Transgender Care provides comprehensive, culturally competent services to address many of the health needs of trans and gender non-conforming patients in our community. The center offers primary care, immunization, HIV prevention (PrEP) and treatment, screening for sexually transmitted infections and endocrine evaluation (evaluation and treatment with hormone replacement therapy or puberty blockers). The center also provides psychotherapy services specifically around gender transition challenges, health and sexuality education, risk reduction counseling and surgical specialty care for gender affirming surgery (i.e., transitioning). Transgender patients deserve better care and Northwell is committed to training providers to understand their unique needs to deliver gender-affirming and compassionate care.
Prevent Chronic Diseases

The Cancer Services Program

The Cancer Services Program (CSP) at Northwell is in partnership with the New York State Department of Health (NYSDOH) Division of Chronic Disease Prevention, Bureau of Cancer Prevention and Control. The NYSDOH has 21 funded contractors across the state, three of which contracts are allocated to Northwell:

• CSP of Staten Island at Staten Island University Hospital (SIUH),
• CSP of Nassau County at Long Island Jewish Hospital (LIJH),
• CSP of Suffolk County at Peconic Bay Medical Center (PBMC)

The mission of the CSP program is to reduce the burden of cancer for all New Yorkers through the implementation of population-based and evidenced-based strategies across the cancer care continuum, from prevention and risk reduction to early detection, diagnosis, and treatment through survivorship. The CSP program’s priority population are those who are disproportionately affected by breast, cervical or colon cancer, or who are medically underserved and lack health care options. Patients who want to participate in the program need to be New York State residents and must meet minimum age requirements. The program caters to the uninsured and is inclusive of sexual orientation, gender identity, immigration status or physical address. Despite the pandemic's challenges, the CSP programs at Northwell Health met and exceeded all their deliverables for community outreach and education.

• Approximately 9,000 members were educated among the 3 Northwell-CSP programs
• Over 609 education and 1:1 programs were conducted

During Year 1, which spanned October 1, 2018, to September 30th, 2019, the contract at Long Island Jewish Medical Center was establishing the program through existing and new partnerships. The program began to foster new community relationships and build a network of available screening sites for all uninsured residents.

During Year 2, which began October 1, 2019, the Nassau CSP was well on its way toward meeting and exceeding program standards as far as enrollment, Community Outreach and Strategic partnerships. During year 2, Covid-19 began and the CSP quickly and easily pivoted to a virtual format for community engagement. During the height of the pandemic in spring...
2020, the CSP remained open and available to screen and assess clients. The CSP of Nassau was only a handful of contractors that remained open during COVID and met and exceeded program deliverables.

**Year 3** began October 1, 2020, and the CSP of Nassau continued to increase patient enrollment, foster further community contacts, and become experts at a virtual forum for community education sessions.

**Year 4** began on October 1, 2021, as a stable program, again meeting and well exceeding program deliverables.

The goal for this upcoming year is to establish more community connections, collaborate with more elected officials and become a strategically sound site to apply for renewal for the next 5-year cycle.

In addition to the NYSDOH, this program is held in partnership and coordination with stakeholders that have mutual goals in assisting as many at-risk individuals as possible. We have established relationships with elected officials, including New York State senators and assemblymen and women, Nassau County legislators, and the Nassau County Department of Health.

**B.E.S.T Belmont Clinic Community Events**

In 2021, Northwell opened a 1,000-square-foot health clinic at Belmont Park, serving backstretch workers, the employees who care for horses at the racetrack. The clinic was opened in collaboration with the New York Racing Association (NYRA), which operates the track, and the Backstretch Employee Service Team (BEST) of NY, the non-profit organization devoted to the health and social
welfare needs of several thousand barn area workers. The clinic provides equitable care and a continuum of care, and offers wellness programs for thousands of backstretch workers at Belmont Park, many of whom live at the track.

B.E.S.T Informational Table

Long Island Jewish Valley Stream held an Informational Tabling event at B.E.S.T to share upcoming programs and the Northwell Garden. A total of 35 people interacted during the tabling event. This event was held in partnership with the Office of Community & Population Health, and LIJ Valley Stream.

Belmont Backstretch Health Screening

A health fair was held for backstretch workers at Belmont Racetrack which included glucose screening, blood pressure screening and body mass index (BMI), screening along with education provided by an advanced care practitioner. A total of 21 screenings were performed. This event was in partnership with the Belmont Employee Service Team.

Long Island Jewish Valley Stream Community Health Events on Chronic Conditions

Hope Day Community Fair

The LIJ Valley Stream team held a health fair providing blood pressure screenings to the community. A total of 350 people attended the fair out of which 49 individuals were screened for high blood pressure. This event was held in collaboration with the hospital’s nursing team.

Arts Below Sunrise – S.T.E.A.M. Festival

LIJ Valley Stream organized a multi-service-line event at Hewlett-Woodmere Community Health Fair and Festival. The hospital provided glucose screenings, diabetes education, and resources on weight control and blood pressure. Approximately 150 residents attended the event, of which 35 were screened. The program was in collaboration with the hospital’s Diabetes and Nutrition team, the Orthopedics department, and the Organ Donation and Cancer team.

Long Island Jewish Forest Hills Community Health Events on Chronic Conditions

COPD and Aging

The LIJ Forest Hills community health team organized a session with seniors at the Self-help Virtual Senior Center and LIJFH’s Respiratory Care leadership to provide information on the signs, symptoms, and risks of chronic obstructive pulmonary disorder (COPD). The event brought in an estimate of 30 individuals.

Stroke Support Groups

The LIJ Forest Hills community health team visited the Hillcrest Senior Center to provide an information session and resources to identify the signs and symptoms of strokes and preventative measures such as diet, physical activity, and living a healthy lifestyle. Approximately 75 participants attended this event.

Serving our Veterans

The LIJ Forest Hills community health team visited the Forest Hills American Legion Post 1424 to speak to veterans and friends of the Legion on the hospital’s commitment to serving the medical needs of veterans. Approximately 40 attendees participated in this event..
Wellness on Wheels (WOW)

This is a mobile van-based school and community program for elementary school children (preK-4) and their families. The program offers a sustainable platform for students to learn about the importance of nutrition and exercise. Students participate in hands-on activities and learn about healthy fresh food, a balanced diet, and growing plants. The program’s goals are to support reducing childhood obesity and diabetes, provide more equitable access to healthy food, and increase family mealtimes.

The program was recently launched in elementary schools of our two high-risk neighborhoods, Brentwood and Hempstead. Since its launch in 2021, 13,000 students have participated, with 8,000 so far this year. By the end of this year, we anticipate approximately 10,000 students from our most underserved communities will have participated in the program. We have also secured $300,000 in funding from Rite Aid Foundation to expand programming in 2023 to Valley Stream and are awaiting additional grant funds to continue our work in Hempstead.

The WOW program is also deployed as an 8-week summer program in collaboration with the Interfaith Nutrition Network and Greater Springfield Community Church, providing SNAP enrollments, education and fresh produce. Additionally, education is provided at two Nassau County-run summer camps. For more information on the program, please click the link for our latest video https://youtu.be/ZNHUOC2NBB

POWER Kids

More than one third of all children in this country have difficulty achieving a healthy weight, putting them at risk for health problems now and in the future. Cohen Children’s Medical Center is committed to helping children and adolescents get healthy and stay that way through the POWER Kids Weight Management Program. POWER takes a multidisciplinary approach to managing overweight and obesity in children using medical, nutritional and support services. Patients come from many different backgrounds. Our trained specialists in pediatric and adolescent medicine welcome this diversity and the opportunity to impact future health through positive change and supportive guidance. In 2021, there were a total of 1,587 participants in this program.

5,000+
Children in underserved communities reached in 2021

10,000+
Children to participate in the program in 2022

In 2022, thanks to funding of $465,000 from Rite Aid and Mother Cabrini, the program will be expanded.
Food as Health

Launched in 2018, the Food as Health program is New York State’s first ever hospital-based initiative to comprehensively address food insecurity. The program’s aim is to help connect the patients’ health with nutrition to improve their overall wellness. Patients who screen positive for food insecurity and have a diagnosis impacted by nutrition receive personalized nutrition counseling sessions, access to nutritious foods from the onsite food pantry, referrals to community resources, and assistance in the Supplemental Nutrition Assistance Program (SNAP). The program is administered in partnership with Long Island Cares Inc., the Harry Chapin Food Bank, US Foods, and Baldor. The goals of the program are to address the full range of factors that can lead to food insecurity, including affordability, a lack of nutritional awareness, transportation/mobility impairments and difficulty in preparing meals.

Patient consultations take place at the Food as Health Center within the hospital, or directly in the patient’s room. At discharge, the patient is given a two-day supply of fresh produce and non-perishable food and a “prescription” for two refills. If patients have transportation or mobility issues, Long Island Cares will deliver emergency food supplies to their homes. In addition, dietitians assess and assist patients with resource support programs including ongoing nutrition programs as needed.

Food as Health program highlights for 2021:

- At least 500 bags were distributed (an insulated bag with products such as milk and cheese, and a bag of fruits and vegetables per recipient).
- 11,018 meals were delivered to 62 community members through 5,509 deliveries.
- An estimated 75 people served.
- 103 clicks onto food drive link in emails sent for virtual food drive.
Our Center for Tobacco Control (CTC) provides free cessation services to our community members. The program is facilitated by specialty trained nurses and nurse practitioners. Its services include individual telephonic or telehealth counseling and coaching, relapse prevention strategies, cessation medications and virtual support groups. Though the pandemic halted in-person services at the CTC, the program effectively adapted to the crisis by expanding its telehealth strategies which have significantly expanded its outreach and footprint, from the East End of Long Island through the five boroughs of New York City, and up to Westchester County.

Additionally, in the first seven months of 2022, the CTC received 1,390 tobacco cessation referrals from physician practices with 527 enrollments and 5,929 follow-up encounters. Over 1,000 community members were educated about their eligibility and the importance of lung cancer screening. The CTC also provided with education and guidance related to the evidence-based practice of treating tobacco use and dependence. The CTC also guides leaders in health care organizations to develop policies that mandate tobacco dependence treatment for all tobacco users in both inpatient and outpatient settings. For more information about the CTC program 516-466-1980, or email tobaccocenter@northwell.edu.
In five years, Northwell Health has assessed more than 300,000 patients for substance misuse and addiction through the SBIRT protocol.

**Promote Well-Being and Prevent Mental and Substance Use Disorders**

**Screening, Brief Intervention, and Referral to Treatment**

The Screening, Brief Intervention, and Referral to Treatment (SBIRT) program helps identify patients in our hospitals whose drinking or substance use may be interfering with their health before it becomes a lifelong addiction. In the SBIRT program, adults who visit a participating location are pre-screened during their visit with three to five questions relating to their drinking, smoking and drug use. If they meet a certain threshold based on that pre-screening, patients are connected with a health coach for further assessment. Based on that interaction, patients may receive a brief motivational and awareness-raising intervention and, if necessary, a referral for treatment. The program promotes compassionate engagement with patients to identify potential issues. This helps reduce the stigma often associated with drug addiction and alcoholism and helps connect patients to the right treatments at the right time.

**Faith Leaders’ Mental Health Forum**

During the pandemic, behavioral health needs soared throughout the nation. We are determined to enhance access to resources to address the mental health crisis in our communities. Our work in this space has been focused on providing education to increase awareness of mental health issues and reduce associated stigma. We’ve partnered with our trusted community- and faith-based leaders to develop holistic and equitable community-based solutions to mental health needs, such as the Nassau and Suffolk Mental Health Resource List in English and Spanish. We have established models to bring mental health services into the community and explored innovative solutions to expand access, such as embedding Community Health Ambassadors in houses of worship and community-based organizations.
Northwell School Mental Health Partnership: A School District Collaborative

One in five children and adolescents have a mental health diagnosis. Suicide is the second leading cause of death among the 10–24-year-old age group, more than all medical illnesses combined. In early 2021, ED visits for suicide attempts increased by 51% in adolescent girls. In late 2021, the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry and the Children’s Hospital Association declared a national youth mental health crisis. The U.S. Surgeon General also issued a Youth Mental Health Advisory. Our current state of youth mental health makes it necessary for organizations to partner, collaborate and find integrated solutions to provide access to mental health services for children and adolescents.

The Northwell School Mental Health Partnership is a new initiative between Cohen Children’s Medical Center and surrounding school districts, organized to support schools to meet the mental health needs of all students. Northwell’s teams work closely with school counselors, psychologists and social workers to determine the various needs of students in the district.

The initiative also provides access to a dedicated Behavioral Health Center (BHC) for students in crisis, who are in need of an evaluation, immediate treatment or connection to care in the community or at a hospital.

The BHC at Mineola serves districts in the North Shore Mental Health Consortium (Carle Place, Great Neck, Garden City, Herricks, Jericho, Locust Valley, Manhasset, Mineola, Roslyn, Sewanhaka and Uniondale). The BHC in Rockville Centre serves districts in the South Shore Mental Health Consortium (East Rockaway, Freeport, Hewlett-Woodmere, Lawrence, Malvern, Oceanside, Rockville Centre, Valley Stream CHS and West Hempstead). The BHC in Commack serves districts in the Suffolk Consortium (Commack, Half Hallow Hills, Hauppauge, Sachem, Smithtown and South Huntington). The services in these sites can be accessed by families directly and through referrals from their schools, pediatricians or outpatient providers. The partnership also provides community and professional education and close collaboration between the clinical and administrative teams of the participating districts and the Northwell team.
Zucker Hillside’s partnership with National Alliance on Mental Illness

The National Alliance on Mental Illness (NAMI) helps those affected by mental health conditions build better lives through support, education and advocacy. Zucker Hillside Hospital is very aligned with NAMI as we host their monthly meetings, support their annual walk fundraiser as sponsors, and actively participate in NAMI Faithnet which is focused on educating and supporting faith leaders to address the mental health issues presented by their congregations.

This past year, the program supported 260 individuals and their families. The program is in partnership with various community stakeholders including the parole, probation, ACS, other behavioral health and medical providers, social service organizations, and religious institutions. Non-specific external social support services are also in partnership with ZHH Vocational Rehab Services and the Northwell Health Home team.

Saving Lives Five Towns Drug and Alcohol Coalition

Saving Lives Five Towns Drug and Alcohol Coalition provides critical awareness, prevention and educational programs that address youth mental health, alcohol and substance misuse, helping ensure that the Greater Five Towns Communities are safe for our youth and their families. We have meetings every two months to discuss issues and plans, host awareness days with tabling opportunities, and educational presentations for parents. The program held 15 events that touched 500 people. The Coalition is held in partnership with the Nassau County 4th Precinct Police Department, Tempo Group, Newport Health, Acadia Healthcare, Nassau County Heroin Task Force, various faith-based organizations, Rockville Centre for Youth, Woodmere Business Association, Village of Cedarhurst, Hatzalah of Rockaways and the Nassau, Long Island National Guard Drug Task Force.

Perinatal Psychiatry

During the reproductive years, depression and anxiety rates in women are nearly double that in men and are especially elevated during the perimenstrual, perinatal, and perimenopausal times of a woman’s life. Perinatal depression has been estimated to affect 1 in 7 birthing parents and represents the most common complication of childbirth. Untreated, perinatal psychiatric illness can have major impacts on the patient and her family, including negative neonatal and obstetric outcomes, delayed bonding, psychiatric hospitalization, and increased risk of suicide and substance abuse. Over the past year, our team has provided treatment for over 500 individuals seeking care during this vulnerable period of life. At the Perinatal Psychiatry Center, we work diligently to maintain evidence-based approaches to treatment, provide education to providers in the community and within our training programs, and contribute to furthering the scientific knowledge of reproductive psychiatric illness.

- People who may benefit from our care include:
- Individuals with existing psychiatric disorders and treatment who are planning pregnancy
- Individuals seeking one-time medication consultation
- Individuals looking for treatment to maintain stability during pregnancy
- Individuals struggling with unexpected
pregnancy outcomes such as miscarriage
• Individuals who develop postpartum depression and/or anxiety
• Individuals who develop psychiatric symptoms during pregnancy or postpartum period
• Birthing parents with complicated medical or social issues who are experiencing emotional distress during pregnancy or postpartum period
• Individuals struggling with the social isolation, role transitions, and identity changes involved in becoming a new parent
• New parents struggling to bond with their newborn

Our multidisciplinary treatment approach involves physicians, nurse practitioners, psychologists, social workers and licensed mental health counselors. We provide medication management as well as individualized psychotherapy and a wide array of perinatal-specific group therapies. During our work, we often collaborate with OB/GYN services, consult-liaison psychiatry, and our women’s behavioral health research team. Over 4,400 visits were held by the end of 2021.

**Addiction Services Consultations**

At Zucker Hillside Hospital, we do an average of two consultations per week for patients in the inpatient unit who have substance use-related issues. The consults are focused on Motivational Interviewing (increasing the patient’s motivation to address their substance issues) or addiction medication consults (our addiction psychiatrists help the attending psychiatrists decide if and what addiction medications might be helpful to the patient). By 2021, the program had resulted in over 120 consultations with over 77% of those referred for follow-up addiction care keeping their initial appointment. This initiative is in collaboration with Zucker Hillside Hospital’s in-patient psychiatry team and social workers and the ZHH Addiction Services Ambulatory Programs.

**Ambulatory Psychiatric Rehabilitation Department**

The ambulatory psychiatric rehabilitation department assists individuals with disabilities to secure work, school/training, and volunteer work. The program’s employment outcomes have surpassed the total of our previous year by 10%. As of October 2022 we have placed 145 people in paid employment, supported 55 people transitioning to school, and placed 17 people in volunteer jobs. This program was held with our Northwell Health Flexstaff and Workforce Readiness, which helped us increase access for people with disabilities to Northwell Health. We received the National Disability Employment Award for 2022.

**As of October 2022 we have:**
- placed **145 people** in paid employment
- supported **55 people** transitioning to school
- placed **17 people** in volunteer jobs
Promote Healthy Women, Infants, and Children

Northwell’s Center for Maternal Health

In Spring 2022, we launched our Center for Maternal Health to address the disproportionate rates of pregnancy-related health risks and maternal deaths among Black women. Black women in New York are three to 12 times more likely to die of childbirth-related causes than white women. The Center is a suite of programs through our sites support high-risk women in and out of the hospital and train clinicians on best practices. The goal is to establish a truly integrated best practice care model, going further upstream in care delivery, for our high-risk maternal patients in the community.

The initiative of the center’s programs is to provide ongoing support to our highest risk mothers and newborns through individualized navigation by a team of health care professionals. The center will address the causes of disparities in maternal health by addressing outcomes for all birthing patients through its Maternal Mortality & Severe Maternal Morbidity (SMM) Review Committee. It will focus on improving maternal health within our communities by establishing a Patient and Family Advisory Council with members who have lived experience with maternal morbidity and mortality. To reach those most in need, the center will also work with community-based organizations to connect women in medically underserved communities to our maternal health services.

Center for Maternal Health Goals:

- Improve Northwell’s workforce knowledge of the impact of structural racism and implicit bias
- Further investigate the increased prevalence of comorbidities in Black women
- Address inherent underlying preeclampsia rate in Black women
- Address the increased Cesarean delivery rate in Black women
- Explore challenges in access to care (underinsured, lack of trust, limited provider choices, language and literacy)
- Explore every maternal death to identify factors that can be modified to prevent future tragedies
**Katz Institute for Women’s Health**

The Katz Institute for Women’s Health (KIWH) is a resource center dedicated to improving all aspects of a woman’s health at every stage of her life. KIWH offers women seamless, coordinated access to all of Northwell Health’s clinical programs and services across the continuum of care.

**Go Red for Women**

Go Red for Women is a national movement by the American Heart Association (AHA) to address heart disease and stroke in women. Cardiac conditions such as heart attacks manifest differently for women than men. Fewer women than men survive their first heart attack. Hispanic women are also likely to develop heart disease 10 years earlier than white women, and cardiovascular diseases are the leading cause of death for African American women, killing 48,000 annually. More women are aware of this threat today — in a 2012 AHA study, 56% of women correctly identified heart disease as the leading cause of death compared to just 30% in 1997.

Northwell, through the Department of Cardiology and KIWH partners with the AHA to raise awareness and empower women with knowledge on the prevention, recognition and treatment of cardiovascular disease, including stroke. Northwell Health is a proud Live Fierce. Go Red sponsor in New York City, Long Island and Westchester. This year, throughout the month of February, the Go Red for Women campaign held over 25 health promotion events throughout Northwell Health’s network of providers to raise awareness, promote heart health, and offer free and accessible preventive services, such as blood pressure screenings, education seminars, wellness sessions, lunch and learn sessions and exercise events.
As part of our commitment to our youth, we launched the Northwell Community Scholars (NCS) program, an innovative youth education and scholarship program to create a pathway to college and future employment for adolescents in underserved and underrepresented communities in our service area. This five-year, $5 million effort will focus on mentorship and support for students from school districts in four vulnerable neighborhoods burdened by health and social inequities: Bay Shore and Brentwood in Suffolk County, and Hempstead and Freeport in Nassau County. The program is also in partnership with Nassau and Suffolk Community Colleges.

The program addresses education, health and wellness, and social inequities prevalent in these neighborhoods that were hit hard by the pandemic. The program will support students with continued growth and development, mentorship, college preparation, career advisement, and internship and shadowing opportunities. Northwell staff will also mentor students about employment opportunities within the organization, educating students on careers in clinical services, health administration, information technology, operational support and care coordination.

The goal is to expand the Community Scholars Program to 600 students by 2026.
School Nurse Education Program

Since the 2016-2017 school year, Cohen Children’s Medical Center has worked diligently to provide education to school nurses in Nassau, Suffolk, and Westchester Counties and in New York City. In partnership with Northwell Health’s Institute for Nursing (IFN) and Community Relations, we have established a robust offering of programs. Through our partnership with Northwell Health’s Institute for Nursing, we can offer Contact Hours free of charge to nurses who complete our program. Our monthly programs cover topics and trends such as Managing Food Allergies in School; Mental Health in School-Aged Children and Adolescents; Helping LGBTQ+ Students Feel Comfortable in School; Caring for Seizure Disorders; Management of Food Allergy and Allergic Reactions/Anaphylaxis at School; Tech for Tots Through Teens: Social Media and its Effects on Children and Adolescents; and Rashes in School-Aged Children. By the end of 2021, there were a total of 2,152 participants.

ThinkFirst National Injury Prevention Program

Each year millions of children across the United States visit emergency departments for injuries, most of which can be prevented by making safe decisions. CCMC is the NYC/Long Island Chapter for national ThinkFirst, an evidence-based educational program to reduce injuries in children, teens and young adults. Through this curriculum-based program, participants learn to reduce their risk for injury, thereby significantly lowering the incidence of injury-related death and disability. The Think First curriculum is implemented in schools across Queens, Nassau and Suffolk, for grades k-12. To schedule a program, call 516- or 718-470-7178 or visit thinkfirst.org. In 2021, the program reached 7,500 participants.

Creating Breastfeeding-Friendly Communities

This program is held in CCMC. The mission of this program, supported by the New York State Department of Health, is to help families meet their infant feeding goals by improving breastfeeding education and support through pregnancy, the postpartum period, and early childhood in four underserved communities on Long Island. Efforts aim to help reduce racial, ethnic, and community disparities in rates of breastfeeding. By the end of 2021, there was a total of 405 mothers in the program.

Cohen Strong

Cohen Strong is a program that consists of a youth leadership group that aims to strengthen young people’s connections to their community through training in leadership skills that will increase their ability to identify and stop bullying in their schools. The members are a liaison between the hospital and their schools and serve as ambassadors to the community conducting outreach, prevention and wellness programs. This selected group of teens can meet and interact with hospital personnel and gain skills to help prepare them for the challenges and responsibilities they will face as college students and beyond. In 2021, 50 participants attended. This program was also in partnership with Long Island Crisis Center.
The Center for HOPE

The Center for HOPE (Healing, Opportunity, Perseverance, Enlightenment) provides a place where children and families can come together in their journey of grief. We offer programs to meet the needs of the entire family — providing support and help to bereaved children, adolescents and parents through developmentally age-appropriate groups and short-term counseling. These groups are facilitated by certified social workers and compassionate trained volunteers and are provided free of charge. For more information, please call the Center for HOPE at 516-216-5194. The program was held in collaboration with internal clinicians. By the end of 2021, the program helped a total of 540 patients.

The Book Fairies Book Drive

Held at LIJ Valley Stream Hospital in January, the Book Drive was created in partnership with The Book Fairies organization for programs across Long Island and NYC. Books from this book drive go to families in disadvantaged communities, directly impacting literacy rates in local neighborhoods. A total of 420 books were distributed.

Baldwin High Honors Virtual Classroom - Nursing

LIJ Valley Stream presented live virtual education from various departments to the Baldwin Medical Academy every two weeks during the spring semester.

Malvern Modified Medical Career Day

LIJ Valley Stream partnered with Malvern High School for Career Day. Various presenters gathered at the school gymnasium to speak on medical career choices. The school officials arranged for all 561 students to visit the gymnasium for this one-day event.

Eating Disorder Center

The Eating Disorders Center (EDC) at Cohen Children’s Medical Center is a nationally recognized program for the treatment of children, adolescents, and young adults (up to 21 years old) with anorexia nervosa, bulimia nervosa, avoidant/restrictive food intake disorder (ARFID) and other food-related disorders. We are the only program in the New York metropolitan area to treat children under 13 years old. Our caring and experienced staff members understand the complexity of eating disorders and provide a supportive, nurturing environment to foster successful recovery. The program was held in collaboration with internal clinicians. By the end of 2021, the program helped a total of 540 patients.
Hospital Awards and Accomplishments

Long Island Jewish Hospital

- “100 Great Hospitals in America” Award, Becker’s Hospital Review.
- Academic Center for Excellence for Minimally Invasive Surgery in Gynecologic Oncology and Gynecology, AIMIS.
- Academic Comprehensive Cancer Program, ACoS, CoC.
- Baby-Friendly USA, World Health Organization (WHO) and United Nations Children’s Fund (UNCF).
- Beacon Award, Silver, Medical ICU and Surgical ICU, AACN.
- C2X Program, Commitment to Excellence, HANYS.
- Center for Excellence for Transcarotid Arterial Revascularization (TCAR), Silk Road Medical.
- Center of Excellence in Minimally Invasive Gynecology, Robotic Surgery, SRC.
- Diagnostic Imaging Center of Excellence, Designated Lung Cancer Screening Center, ACR.
- DSC for Advanced Inpatient Diabetes, The Joint Commission (TJC).
- DSC for Advanced Palliative Care, TJC.
- DSC for Advanced Spine Surgery (first in New York), TJC.
- DSC for Advanced Total Hip and Total Knee Replacement, TJC.
- “HealthCare’s Most Wired” Recognition, CHIME.
- Magnet Designation for Nursing Excellence, American Nurses Credentialling Center (AACN).
- Minimally Invasive Gynecology Center of Excellence, AAGL, SRC.
- National Accreditation Program for Breast Centers, ACS.
- National Hospital Organ Donation Campaign-Platinum Recognition, HRSA.
- Nurses Improving Care for Healthsystem Elders (NICHE) designation, NICHE.
- Stroke Gold Plus Recognition, Get with The Guidelines-Stroke, AHA.
- Target: Stroke Honor Roll-Elite, Get with The Guidelines-Stroke, AHA.
- Target: Type 2 Diabetes Honor Roll, AHA.

**Long Island Jewish Forest Hills Hospital**

- Antimicrobial Stewardship Center of Excellence, IDSA.
- Baby-Friendly USA, World Health Organization (WHO) and United Nations Children’s Fund (UNCF).
- Beacon Award, Gold, Medical ICU and Surgical ICU, AACN.
- Breast Imaging Center of Excellence, ACR.
- Cardiology Accreditation, Intersocietal Accreditation Commission.
- Center of Excellence in Minimally Invasive Gynecology, AAGL, SRC.
- C2X Program, Commitment to Excellence, HANYS.
- Certificate of Distinction, Advanced Certification in Total Hip and Knee Replacement, TJC.
- Comprehensive Center for Bariatric Surgery, ACS.
- “HealthCare’s Most Wired” recognition, CHIME.
- Lung Cancer Screening Center of Excellence, ACR.
- Magnetic Resonance Imaging (MRI) Accreditation, ACR.
- Nuclear Cardiology Accreditation, ACR.
- Minimally Invasive Gynecology Center of Excellence, AAGL, SRC.
- National Hospital Organ Donation Campaign, Platinum Recognition, HRSA.
- Pathway to Excellence Program, ANCC.
- Stroke Gold Plus Recognition, Get with The Guidelines-Stroke, AHA.
- Target: Stroke Honor Roll-Elite, Get with The Guidelines-Stroke, AHA.
- Target: Type 2 Diabetes Honor Roll, AHA.

**Long Island Jewish Valley Stream Hospital**

- Antimicrobial Stewardship Center of Excellence, IDSA.
- Beacon Award, Bronze (Critical Care), AACN.
- C2X Program, Commitment to Excellence, HANYS.
- Center of Excellence, Hernia Surgery, Robotic Surgery, SRC.
- Diagnostic Imaging Center of Excellence, Designated Lung Cancer Screening Center, ACR.
- DSC for Advanced Total Hip and Total Knee Replacement, TJC.
- “HealthCare’s Most Wired” recognition, CHIME.
- National Hospital Organ Donation Campaign-Platinum Recognition, HRSA.
- Nurses Improving Care for Healthsystem Elders (NICHE) designation, NICHE.
- Stroke Gold Plus Recognition, Get With The Guidelines-Stroke, AHA.
- Target: Stroke Honor Roll-Elite, Get With The Guidelines-Stroke, AHA.
Cohen Children’s Medical Center

- Accredited by Stem Cell Transplant Program accreditation, FACT.
- Baby-Friendly USA, World Health Organization (WHO) and United Nations Children’s Fund (UNCF).
- Center of Excellence Gold designation for extracorporeal membrane oxygenation (ECMO), Extracorporeal Life Support Organization.
- Get With the Guidelines Gold Plus for Neonatal and Infant Resuscitation, AHA.
- Get With the Guidelines Gold for Pediatric Resuscitation, AHA.
- Magnet Designation for Nursing Excellence, ANCC.
- National Hospital Organ Donation Campaign-Platinum Recognition, HRSA.
- Pediatric Kidney Transplant Program Certification, Organ Procurement and Transplantation Network (OPTN).
- Regional Quality and Safety Leader, NYS Solutions for Patient Safety.
- Beacon Award, Silver
- Pediatric ICU, AACN.

Zucker Hillside Hospital

- Nurses Improving Care for Healthsystem Elders (NICHE) designation, NICHE.
- Pioneer Award for Perinatal Psychiatry Services, Postpartum Resource Center of New York.
- Recovery After an Initial Schizophrenia Episode (RAISE), National Institute of Mental Health.
- Using Care Managers and Technology to Improve the Care of Patients with Schizophrenia — three-year grant, CMS.
Our Leaders

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This report was prepared by the Office of Community and Population Health at Northwell Health
**Implementation Plan**

**Community Serviced: Queens County**

**NYS DOH Implementation Plan for the following hospitals:**

Cohen’s Children Medical Center, LIJ Medical Center, and LIJ Forest Hills

in coordination with other Health System resources, including other partners, has addressed each significant health need identified through the Queens County CHNA report. The CHNA Implementation Strategy was conducted in fulfillment of the requirements of 501(r) or The Affordable Care Act applicable to a 501(c)(3) hospital organization.

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<td>Prevent</td>
<td>Preventive care and management</td>
<td>Goal 4.1 Increase cancer screening rates</td>
<td><strong>Cancer Service Program</strong>: The Cancer Services Program (CSP) provides no-cost screening for Breast, Colon, and Cervical Cancer for uninsured or underinsured New York State residents. The program covers screenings and diagnostics up to the time of a proven cancer diagnosis funded by the New York State Department of Health. Patient Navigation, case Management and Social Work support are also highly integrated into the program to support and assist patients at all stages of the screening and diagnostic process.</td>
<td>The NYS DOH holds the program to specific standards, or Performance Measures (PM), to measure success of each individual program. Each PM is defined according CDC and USPTF cancer screening guidelines. Each program receives a report on the PM of the program, how that individual program is performing as well as compared to DOH guidelines and other contractors.</td>
<td>Year 1 was completed from October 1, 2018 to September 30th, 2019. During this time, the new contract at Long Island Jewish Medical Center was establishing the program through known and new partnerships. The program began to foster new community relationships and build a network of available screening sites for any all uninsured residents. During Year 2, which began October 1, 2019 the Nassau CSP was well on it’s way of meeting and exceeding program standards as far as enrollment, Community Outreach and Strategic partnerships. During year 2, COVID began in March of 2020 and the CSP quickly and easily pivoted to a virtual format for community engagement. During the height of COVID, the CSP remained open and available to screen and assess clients. The CSP of Nassau was only a handful of contractors that remained open during COVID and met and exceeded program deliverables. Year 3 began October 1, 2020 and the CSP of Nassau continued to increase patient enrollment, foster further community contacts and become experts at a virtual forum for community education sessions. Year 4 began on October 1, 2021 as a stable program, again meeting and well exceeding program deliverables. The goal for this upcoming year is to establish more community connections, collaborate with more elected officials and become a site that is strategically sound in order to apply for renewal for the next 5 year cycle.</td>
<td>Community groups which have a mutual goals in assisting as many at-risk individuals as possible. We have established relationships with elected officials, including NY State Senators, Assembly women, Nassau County Legislators, and the Nassau County Department of Health.</td>
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<td>Wellness on Wheels (WOW): WOW is mobile nutrition education program that serves high needs communities and economically disadvantaged students. The programs encourages building healthy habits focusing on nutrition while guiding those families that have been identified as food insecure to resources to help gain them food access; Increase food security through Island Harvest's Weekend Backpack Program; and Increase food security and access to food by distributing Fresh Produce bags at Greater Springfield Community Church and The Interfaith Nutrition Network</td>
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<td><strong>Goal 1.2: Increase skills and knowledge to support healthy food and beverage choices</strong></td>
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<td>Number of families that apply for SNAP benefits; Number of programs and students that receive WOW programming, Knowledge and behavioral outcomes; Number of school districts, schools and children enrolled; Number of meals and snacks distributed; Number of people receiving fresh produce bags</td>
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<tr>
<td>Expand programs to new districts and communities; 350 food insecure children will participate in the Weekend Backpack program during the 2022 school year in Brentwood and Riverhead schools. This collaboration with Rite Aid Wellness on wheels funding will provide a minimum of 10,140 healthy meal and snacks to these children for 30 weeks. 130 food insecure children will participate in the Weekend Backpack program during the 2022 school year in Brentwood schools. This collaboration with Mother Cabrini Wellness on wheels funding will provide a minimum of 5,070 healthy meal and snacks to these children for 30 weeks; 125 fresh produce bags distributed for 8 weeks during the summer, total bags distributed 1,000 350 fresh produce bags distributed 4 weeks over the summer, total bags distributed 1,400 Total bags 2,400, which equates to 24,000 pounds of food distributed.</td>
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<td>Funding provided by Mother Cabrini and Rite Aid has aided in the programs expansion. Partnering with Northwell Health Home Solutions team enabled us to facilitate SNAP benefits on site. Northwell partners with Island Harvest, who manages the School Weekend Food Backpack Program and schools in Nassau and Suffolk counties to help identify students and provide distribution sites. The Weekend Food Backpack Program is also in collaboration with schools in the following school districts: Brentwood, Central Islip, Copiague, Riverhead, South Country, Westbury and Wyandanch. The INN provides services to individuals and families in Nassau county suffering from housing and food insecurity. GSCC serves a community in Jamaica/Southeast Queens that has high rates of food insecurity and other health-related social vulnerabilities.</td>
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### Peer Teen Health Symposium:

began as the Peer HIV/AIDS Education and Prevention pilot program in 1994. It was designed to address the widespread HIV/AIDS epidemic. Under the vision and leadership of Caroland Dr. Mark Kaplan, the Peer Education Program expanded over the years to provide training for thousands of teens. The program has focused on the knowledge and skills needed to develop effective peer programs throughout the metropolitan area. Today, we are proud to forge ahead with a new generation of leaders learning to manage interpersonal relationships, healthy sexual behaviors, and leadership dynamics. The evolution of the Peer Teen Health Leadership program in collaboration with the Cohen Children’s Medical Center at Northwell Health continues to be at the forefront of our ever changing world.

| Number of students | By the end of 2021, there was a total of 200 students reached | partnerships with dedicated school districts. |
| Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity | Commerce Plaza: is an immersive field trip experience for 5th grade students across Long Island. Bringing in 7,500 students each year, this is a culminating experience of an intensive business and finance curriculum students have engaged in for 10 weeks prior to attending. Cohen Children’s Medical Center is proud to host a business station within Commerce Plaza, “employing” a Doctor, Nurse, Office Manager, X-Ray Technician, and Medical Biller. Students who rotate through this station learn more than just business and finance skills, but are introduced to handwashing, sun safety, smoking cessation, bullying, and nutrition topics as well. | Number of events completed | By the end of 2021, there was a total of 2,500 students reached. | Commerce Plaza, Yes Community Counseling |
| Focus Area 1: Healthy eating and food security | Health and Wellness Program: The Health and Wellness Program is an opportunity for elementary school students (Kindergarten-6th grades) to learn about introducing healthy behaviors into their everyday life. Students have the opportunity to speak with clinical and non-clinical healthcare professionals from various service lines and specialties including: nutrition and healthy eating, dental hygiene, bike and helmet safety, pedestrian safety, hygiene and hand washing, sun safety, stress reduction and stretching, staying active and fit, bullying prevention, recycling, and more. In addition, our team is committed to taking an active role to address obesity and food insecurity as top priorities for our community through the G.R.O.W. (Growing Real Opportunities through Wellness) program. G.R.O.W. focuses on the unique health benefits that come from growing plants and impacts the students by helping shift and change unhealthy behaviors that are ingrained in our society while satisfying Northwell Health’s commitment to social responsibility. The students are engaged by planting their own seedling and then nurturing the seedlings to learn the skills needed to grow and harvest. | Number of students | By the end of 2021, there was a total of 8 events and 2,394 students reached | Local Elementary Schools; internal |
| Focus Area 1: Healthy eating and food security | POWER Kids: More than one-third of all children in this country have difficulty achieving a healthy weight, putting them at risk for health problems now and in the future. Cohen Children’s is committed to helping children and adolescents get healthy and stay that way through the POWER Kids Weight Management Program. The POWER Kids Weight Management Program takes a multidisciplinary approach to managing overweight and obesity in children using medical, nutritional and support services. The patients we treat and come to us from many different backgrounds. Our trained specialists in pediatric and adolescent medicine welcome this diversity and the opportunity to impact future health through positive change and supportive guidance. | Number of participants enrolled | By the end of 2021, there was a total of 1,587 patients | Internal clinicians |
**Junior Leadership Council:** The Junior Leadership Council is a youth leadership program whose mission is to improve the health, safety, and well-being of adolescents and young adults in Nassau, Suffolk, and Westchester Counties. This development and leadership opportunity is exclusive to students in select schools. JLC members act as liaisons between community youth, their schools, and partnering hospitals within the Northwell system. JLC members are given the opportunity to: help identify and prioritize key health issues affecting young people; develop and implement programs to address these key health issues; support, advise, and assist partnering hospitals in efforts to promote health and wellness in the community; and explore career possibilities in health and medicine. Each year, JLC members are expected to develop, disseminate, and implement a final outreach project that targets the identified health issue within their communities.

**Number of students enrolled:** By the end of 2021, there was a total of 27 students.

The program partnered with various high schools from Westchester, Nassau, and Suffolk Counties (Bay Shore, Brentwood, Amityville, Central Islip, Mineola, Roosevelt, Westbury, Ossining, Sleepy Hollow, and Briarcliff) as well as multiple Northwell hospitals (South Shore University Hospital, South Oaks Hospital, Phelps Hospital, and Zucker Hillside Hospital).

<table>
<thead>
<tr>
<th>Cohen's Children Medical Center</th>
<th>Prevent Chronic Diseases</th>
<th>Focus Area 1: Healthy eating and food security</th>
<th>Goal 1.2: Increase skills and knowledge to support healthy food and beverage choices</th>
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<tr>
<td><strong>School and Community Based Educational Programs:</strong> Cohen Children’s Medical Center provides various educational workshops to support the healthy growth and development of students grades K-12 and to provide the latest information on topics relevant to school administrators and teachers, school nurses, sports teams, parents groups, and community organizations. Each workshop can be tailored directly to the specific needs of the audience.</td>
<td>Number of students</td>
<td>By the end of 2021, there was a total of 70,000 students reached</td>
<td>partnerships with local schools</td>
</tr>
</tbody>
</table>

<p>| Cohen's Children Medical Center | Prevent Chronic Diseases | Focus Area 1: Healthy eating and food security | Goal 1.2: Increase skills and knowledge to support healthy food and beverage choices | Number of students | By the end of 2021, there was a total of 70,000 students reached | partnerships with local schools |</p>
<table>
<thead>
<tr>
<th>Event Name</th>
<th>Description</th>
<th>Number of Attendees</th>
<th>Location</th>
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<tr>
<td>Go Red Event - What Can I Do Now to Make a Healthier Heart?</td>
<td>Cardiologist of Valley Stream will present this topic to the Valley Stream Chamber of Commerce at their General Membership Meeting at Pomodorino Rosso. <strong>One off event.</strong></td>
<td>25 people were educated on Healthier Heart</td>
<td>Cardiology Dept</td>
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<td>Hempstead Police Department and Fidelis Healthcare Bridging the Gap Unity Community Day</td>
<td>Partnership between Hempstead Police dept and Fidelis in bridging the gap in the community. <strong>One off event.</strong></td>
<td>250 people were interacted with</td>
<td>Hempstead Police Department, Fidelis Health Care</td>
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<td>Focus Area 4: Preventative Care and Management</td>
<td>Goal 4.4: In the community setting, improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity.</td>
<td>Hong Kong Dragon Boat Festival: Internal team of clinicians and non-clinicians, were able to talk to the community about LIJFH’s general hospital services, New Life Center, and Bariatrics program. We had a BMI interactive tool where participants were able to calculate their BMI through height, weight, and waist circumference. <strong>One off event</strong></td>
<td>Estimated number of attendees</td>
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<td>112th Precinct National Night Out campaign: LIJFH team members had the opportunity to liaise with community members on the hospital’s services. BMI collection tools were available and interacted with community members. <strong>One off event</strong></td>
<td>Estimated number of attendees</td>
<td>Seminars &amp; webinars related to mental health &amp; substance use/misuse. Arts below Sunrise Community Fair, Police National Night Out</td>
<td>Stakeholder relationship with the 112th NYPD Precinct</td>
</tr>
<tr>
<td>LIJ at Forest Hills Hospital</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 4: Preventative care and management</td>
<td>Goal 4.4 In the community setting, improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity</td>
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<tr>
<td>LIJ at Forest Hills Hospital</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 4: Preventative care and management</td>
<td>Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity</td>
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<td>LIJ at Forest Hills Hospital (LIJFH)</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 4: Preventative care and management</td>
<td>Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity</td>
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<td>LIJ at Forest Hills Hospital</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 4: Preventative care and management</td>
<td>Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and obesity</td>
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<td>LIJFH team member facilitated a talk on COPD with seniors at the Selfhelp Virtual Senior Center with LIJFH’s Director of Respiratory Care, Romy Cayard-Belance. <strong>One off event</strong></td>
<td>Estimated number of attendees</td>
<td>Estimated number of attendees is 30</td>
<td>Local stakeholder relationship</td>
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<tr>
<td>Cohen’s Children Medical Center</td>
<td>Promote Healthy Women, Infants and Children</td>
<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.1: Support and enhance children and adolescents’ social-emotional development and relationships</td>
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<td><strong>School Nurse Education Program:</strong> Since the 2016-2017 school year, Cohen Children’s Medical Center has worked diligently to provide education to school nurses in Nassau, Suffolk, and Westchester Counties and New York City. In partnership with Northwell Health’s Institute for Nursing (IFN) and Community Relations, we have established a robust offering of programs. Through our partnership with Northwell Health’s Institute for Nursing, we can offer Contact Hours free of charge to nurses who complete our program. Our monthly programs cover topics and trends such as Managing Food Allergies in School; Mental Health in School-Aged Children and Adolescents; Helping LGBTQ+ Students Feel Comfortable in School; Caring for Seizure Disorders; Management of Food Allergy and Allergic Reactions/Anaphylaxis at School; Tech for Tots Through Teens: Social Media and its Effects on Children and Adolescents; and Rashes in School-Aged Children.</td>
<td>Number of attendees</td>
<td>By the end of 2021, there was a total of 2,152 participants</td>
<td>Zoom - This platform allows our school nurse partners in numerous regions join our monthly programs.</td>
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<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.2: Increase supports for children and youth with special health care needs</td>
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<td><strong>Safe Sitter®</strong>: Cohen Children’s Medical Center is a proud Safe Sitter® registered provider. Safe Sitter® is a national non-profit organization that provides life skills, safety skills and child care training for youth. The Safe Sitter® Essentials Class prepares students in middle school and high school to be safe when they’re babysitting, home alone, or even watching younger siblings. The Safe Sitter® Essentials Class covers safety skills, child care skills, first aid and rescue skills, and life and business skills.</td>
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<td>Number of participants</td>
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<td>By the end of 2021, there was a total of 31 participants</td>
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<td>We are able to host these classes on Zoom when necessary. This enables us to enroll students from Nassau, Suffolk, and Westchester Counties and New York City.</td>
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<td><strong>ThinkFirst National Injury Prevention Program</strong>: Each year millions of children visit emergency departments for injuries across the United States, most of these injuries can be prevented by making safe decisions. CCMC is the NYC/Long Island Chapter for national Think First, an evidence based educational program with a goal of reducing injuries in children, teens and young adults. Through this curriculum based program, children, teens and young adults learn to reduce their risk for injury, thereby significantly lowering the incidence of injury related death and disability. The Think First curriculum is implemented in schools across Queens, Nassau, &amp; Suffolk, for grades k-12. To schedule a program please call (516) or (718) 470-7178 or visit the website at <a href="http://www.thinkfirst.org">www.thinkfirst.org</a>.</td>
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<td>Number of participants</td>
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<td>A total of 7,500 participants reached in 2021</td>
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<td>Think First, schools across Queens, Nassau, &amp; Suffolk, for grades k-12.</td>
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<td>Childhood Injury Prevention:</td>
<td>Number of participants</td>
<td>A Total of 10,566 participants in 2021</td>
<td>Internal</td>
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<td>The Injury Prevention Program at CCMC strives to secure the safety of our youngest population. This requires a multi-faceted approach to identify injury risks, generate action to minimize these risks and provide a means to actively protect children from preventative injuries. Injury prevention programs are available for community organizations, school age children, school staff, community outreach services and for general public and professionals. The success of this program relies heavily on collaborative partnerships and stakeholder support throughout the region. These partnerships assist our program to identify and address the needs of different populations, providing safety education to families and engaging local communities to influence change to protect children from preventative injury. In addition to our educational programs, free car seat check events are held bi-monthly (both virtually and in person) for the community and for our patients. For more information, please contact (516) or (718) 470-7178.</td>
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<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.1: Support and enhance children and adolescents' social-emotional development and relationships</td>
<td>Prom Program: The Prom Program is designed to address the conversations and issues which most prominently surround prom night. Our experts provide an interactive and informative overview of these concerns, while addressing the needs of both students and parents. At Northwell Health, we know prom is a special occasion everyone has been waiting for and we are here to help make it as enjoyable and safe as possible. This program includes: 1. Concepts and Importance Around Decision Making with experts from Cohen Children’s Medical Center 2. Understanding Drugs &amp; Alcohol with experts from Zucker Hillside Hospital and South Oaks Hospital 3. Consent Laws &amp; Rights with experts from Cohen Children’s Medical Center</td>
<td>Number of students reached</td>
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| Focus Area 2: Perinatal & Infant Health | Goal 2.2: Increase breastfeeding | Creating Breastfeeding Friendly Communities: The mission of this program, supported by New York State Department of Health, is to help families meet their infant feeding goals by improving breastfeeding education and support through pregnancy, the postpartum period, and early childhood in four underserved communities on Long Island. Efforts aim to help reduce racial, ethnic and community disparities in rates of breastfeeding. | Number of participants enrolled; number of practices/worksites | By the end of 2021, there was a total of 405 mothers; 1 practice designated; 3 worksites recognized | New York State Department of Health |
BEE MINDFUL™ Program: BEE MINDFUL™ is a program for children with special needs in healthcare that individualizes care and provides a safe place for healing and wellness. The program provides:

1. Education to all staff on the unique needs of children with special needs and how we can improve the care we provide.
2. Pediatric Neurobehavioral Assessment tool (PNAT)- An assessment and intervention tool that individualizes care and provides continuity
3. Signage for situational awareness: The BEE MINDFUL™ symbol used to minimize the amount of interruptions to the patient’s room through the clustering of care and ensure individual needs are communicated prior to entering into the child’s safe place.
4. Sensory BEE MINDFUL™ Cart- Provide sensory support while in the medical environment
5. BEE PASS- Facilitates an expedited, calm and safe entry into the facility.

Number of participants enrolled

The BEE Mindful program has reached 650+ patients in the hospital

Internal patients
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<tr>
<th>Focus Area</th>
<th>Goal</th>
<th>Description</th>
<th>Number of participants</th>
<th>Internal/External</th>
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<tr>
<td>Focus Area 4: Cross Cutting Healthy Women, Infants, &amp; Children</td>
<td>Goal 4.1</td>
<td>Reduce racial, ethnic, economic, and geographic disparities in maternal and child health outcomes, and promote health equity for maternal and child health populations. Diversity, Equity, and Inclusion: Our diversity, equity, and inclusion workshops facilitate acceptance, understanding, and awareness among students by immersing them in real-life scenarios that address the topics of race, gender and sexuality, and religion. While focusing on microaggressions, gender stereotypes, and bias, students learn to become allies, promote equality, and respect the uniqueness that each individual embodies.</td>
<td>By the end of 2021, there was a total of 1,706 participants</td>
<td>Internal</td>
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<tr>
<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.1</td>
<td>Support and enhance children and adolescents’ social-emotional development and relationships. Cohen Strong: is a youth leadership group that will successfully strengthen young people’s connections to their community through training on leadership skills that will increase their ability to identify and stop bullying in their schools. The members are a liaison between the hospital and their schools and serve as ambassadors to the community conducting outreach, prevention and wellness programs. This select group of teens has the opportunity to meet and interact with hospital personnel and gain skills to help prepare them for the challenges and responsibilities they will face as college students and beyond.</td>
<td>By the end of 2021, there was a total of 50 participants</td>
<td>The Long Island Crisis Center</td>
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<td>Cohen’s Children Medical Center</td>
<td>Promote Healthy Women, Infants and Children</td>
<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td><strong>Annual Superintendent's Day Symposium:</strong> Cohen Children’s Medical Center in collaboration with Zucker Hillside Hospital and South Oaks Hospital, hosts an annual symposium on Election Day every year for school professionals to learn about the current trends impacting youth. Previous sessions have included: Child Abuse &amp; Neglect in the Wake of COVID-19; Assisting Youth with Autism Spectrum Disorder Navigate Home and School During COVID-19; Diversity, Equity, and Inclusion in Education &amp; Healthcare; Supporting Adolescents with Anxiety.</td>
<td>Number of participants</td>
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<td><strong>The Center for HOPE:</strong> The Center for HOPE (Healing, Opportunity, Perseverance, Enlightenment) provides a place where children and families can come together in their journey of grief. We offer programs to meet the needs of the entire family—providing support and help to bereaved children, adolescents and parents through developmentally age-appropriate groups and short term counseling. These groups are facilitated by certified social workers and compassionate trained volunteers and are provided free of charge. For more information, please call the Center for HOPE at (516) 216-5194.</td>
<td>Number of participants enrolled</td>
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<td><strong>Eating Disorder Center:</strong> The Eating Disorders Center (EDC) at Cohen Children's Medical Center is a nationally recognized program for the treatment of children, adolescents and young adults (up to 21 years old) with anorexia nervosa, bulimia nervosa, avoidant/restrictive food intake disorder (ARFID) and other food related disorders. We are the only program in the New York metropolitan area to treat children under 13 years old. Our caring and experienced staff members understand the complexity of eating disorders and provide a supportive, nurturing environment to foster successful recovery.</td>
<td>Number of participants enrolled</td>
<td>By the end of 2021 there was a total of 540 new patients; over 1000 patients reached in total</td>
<td>Internal clinicians</td>
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<tr>
<td><strong>Goal 3.1: Support and enhance children and adolescents’ social-emotional development and relationships</strong></td>
<td>Estimated number of attendees</td>
<td>Estimated number of attendees is 200</td>
<td>Stakeholder relationships with local group and LIJFH Dietary team’s educational materials.</td>
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<td><strong>At the Forestdale Back-to-School Event, LIJFH team members spoke to parents and their children about the hospital’s services, CCMC’s pediatric services, healthy eating and healthy weight, and provide B2SKL LIJFH branded collateral. One off event</strong></td>
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| Focus Area 1: Promote Well-Being | Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages | Behavioral Health School Partnership Program: This program allows families to get help when they need it and before problems warrant an emergency room visit. It includes:
- Access to child and adolescent psychiatry evaluations in a community ambulatory crisis center as well as consultations and assessments in schools.
- Professional help navigating health insurance and community referrals to make sure families find affordable, appropriate care.
- Timely, short term crisis treatment, including medications and therapy as needed for high-risk students.
The Northwell School Mental Health Partnership addresses the whole community.

Our subject matter experts offer faculty development, staff support and community education on important behavioral health topics affecting kids. An advisory committee comprised of school district leaders, Northwell administrators and clinicians regularly discusses clinical outcomes and where there may be room for the program to grow.

Part of this school-based initiative has included collecting data to see whether the program has been effective. Within the first 12 months of opening our first behavioral health center, we’ve seen a 60 percent drop in pediatric emergency room visits for behavioral health from our partnering districts. We’re in talks with 15 to 20 Suffolk County school districts to replicate this model, first with a few pilot districts, and then hopefully expanding to more to help bring much needed youth mental health services to this community. | Number of participants enrolled | By the end of 2021, there was a total of 1,259 participants | 20+ school districts |
| Focus Area 1: Promote Well-Being | Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages | **Pediatric Behavioral Health Urgent Care Center:** The Cohen Children’s Pediatric Behavioral Health Urgent Care Center provides timely access to pediatric mental health services for children and adolescents (age 5-17) presenting in a mental health crisis. The program is designed as an alternative treatment setting for those who need urgent (same day) intervention, but do not necessarily require the services of the emergency room. (If your child does need the emergency room for a mental health issue, they should go straight to the emergency room.) | Number of participants enrolled | By the end of 2021, there was a total of 2,182 participants enrolled | Cohen Children’s Pediatric Behavioral Health Urgent Care Center |
### Screening, Brief Intervention, Referral to Treatment (SBIRT)

This new initiative is an age-appropriate adaptation of the health system’s existing Screening, Brief Intervention, and Referral to Treatment (SBIRT) program, which promotes the "We Ask Everyone" process. Originally instituted for adult patients presenting to select Northwell Emergency Departments and Primary Care Practices, the protocol is designed to universally screen patients. Evidence-based questions are utilized to determine the patient's level of risk and if they may benefit from support or treatment for their substance use.

At Cohen, social workers and front-line Emergency Department nursing and physician teams have been trained to use the SBIRT screening tool. It’s important to address this crisis with a team-based approach to better support our patients and their families.

| Number of screenings | By the end of 2021, there was a total of 4,785 screenings | social workers and front-line Emergency Department nursing and physician |
**Cohen's Children Medical Center**

**Promote Well-Being and Prevent Mental and Substance Use Disorders**

**Focus Area 1: Promote Well-Being**

**Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages**

**Child Life Program:** The Child Life Program at CCMC collaborates with various departments to improve children’s and families’ understanding of hospitalization, illness, injury, and medical procedures. The Child Life Team utilizes innovative educational strategies to help minimize the psychological trauma illness and injury may cause. They educate children and families as well as pediatric residents who travel to La Romana, Dominican Republic to provide medical care to children. For more information, please call (516) or (718) 470-3005.

<table>
<thead>
<tr>
<th>Number of patients</th>
<th>By the end of 2021, there was a total of 44,728 patients reached</th>
</tr>
</thead>
</table>

Internal CCMC team
<p>| Focus Area 1: Promote Well-Being | Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages | Center For Young Adult, Adolescent &amp; Pediatric HIV (CYAAPH): CYAAPH at Cohen's Children's Medical Center of New York provides comprehensive medical care and social support services to individuals under the age of 30, regardless of sex assigned at birth, sexual orientation, gender identity and expression. Our expert team provides compassionate medical and psychosocial care to adolescent and young adults, from infancy to age 30, who are HIV-infected. We help manage HIV with expert medical care and medication therapy; STI screening and treatment; immunizations; supportive mental health services; case management services to assist with various social determinants of health; risk reduction and U=U education; gynecological exams; nutrition services; and primary care services. CYAAPH also provides HIV prevention services such as Prep and PEP for at risk individuals. Housed in CYAAPH is Project inspect - an initiative which offers free rapid HIV testing and Prep screenings all over Nassau and Queens County. Safer sex, LGBTQ 101, and HIV prevention workshops are offered to schools and CBOs to spread awareness of HIV and STI prevention. For more information please call (516) 622-5189 | Number of participants enrolled | Total in office for 2021 – 1944 Outreach HIV Test 2021 – 248 | Internal |</p>
<table>
<thead>
<tr>
<th>Location</th>
<th>Focus Area: Promote Well-Being</th>
<th>Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan</th>
<th>Trauma Survivor Network: The Trauma Survivor Network (TSN) is a community of patients &amp; families who are looking to connect with one another and rebuild their life after a serious injury. Recovering patients may become involved in the TSN for many reasons, including the opportunity to share their experiences with other survivors, learn new coping strategies, and support others through the recovery process. The TSN at Cohen Children's Medical Center offers support for patients through: 1. Virtual support groups 2. National NextSteps Program – Managing Life after Trauma 3. National Trauma Survivor Day 4. PTSD Screenings post discharge</th>
<th>Number of programs and participants</th>
<th>By the end of 2021, there was a total of 52 programs and 4,035 participants enrolled.</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIJ at Forest Hills Hospital</td>
<td>Focus Area 2: Prevent Mental and Substance Use Disorders</td>
<td>Goal 1.2: Facilitate supportive environments that promote respect and dignity for people of all ages</td>
<td>International Overdose Awareness Day: LIJFH team members distributed over 150 Narcan kits and educational materials to employees and community members in hopes to de-stigmatize the conversation around overdose and help those at risk. <strong>One off event</strong></td>
<td>Estimated number of attendees</td>
<td>Estimated number of attendees is 200</td>
</tr>
</tbody>
</table>
### Implementation Plan

**Community Serviced: Nassau County**

NYS DOH Implementation Plan for the following hospitals: Glen Cove Hospital, LIJ Valley Stream Hospital, North Shore University Hospital, Plainview Hospital, Syosset Hospital

In coordination with other Health System resources, including other partners, has addressed each significant health need identified through the Nassau County CHNA report.

The CHNA Implementation Strategy was conducted in fulfillment of the requirements of 501(r) or The Affordable Care Act applicable to a 501(c)(3) hospital organization.

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Priority</th>
<th>Focus Area</th>
<th>Goal</th>
<th>Interventions</th>
<th>Family of Measures</th>
<th>Latest update</th>
<th>Partnerships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glen Cove Hospital</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 1: Healthy eating and food security</td>
<td>Goal 1.3: Increase food security</td>
<td>Trinity Lutheran Food Pantry/GCH Partnership: Trinity Lutheran Church is directly behind our Emergency Room and easily accessible to our Family Medicine clinic patients. The pantry serves the resident of the City of Glen Cove, but also serves as a source of support for our own patients. In order to ensure that the pantry is supplied with enough food, Glen Cove Hospital Nursing Admin and Family Medicine have partnered for a year round food drive that is delivered to the church every Wednesday. In addition to providing food, members of the Glen Cove Nursing team partner with residents to volunteer at the pantry on Wednesday nights where there are able to provide nutritional information as well as help with creating healthy menus for those individuals and families that make use of the pantry.</td>
<td>Pounds of food distributed</td>
<td>This is an ongoing initiative that was started in October of 2021 and has been in effect since that time. Since the inception of this partnership, the number of families served by the pantry has gone from 28 to 123. Trinity Lutheran has also served as a respite for some of the homeless population in Glen Cove. In addition to serving the City, the pantry has been able to expand its reach to help the communities of Locust Valley, Sea Cliff, Glen Head and Bayville</td>
<td>Glen Cove Hospital partners with a multitude of community organizations including Assisted Living facilities in the area. As part of our ongoing drive, we have been supported by the local IAC (Inter Agency Council) which is comprised of all local not for profit agencies, school districts and elected officials.</td>
</tr>
</tbody>
</table>
Glen Cove Hospital
Prevent Chronic Diseases
Focus Area 2: Physical activity

Goal 2.3: Increase access, for people of all ages and abilities, to indoor and/or outdoor places for physical activity.

Glen Cove Age Friendly/Walk with The Doc: The Age-Friendly Glen Cove initiative in the City of Glen Cove, New York, seeks to enhance the lives of people of all ages by developing policies and programs that will make our city more livable. By redesigning our community and prioritizing all eight domains of livability, we will improve access to important information, services and events, a variety of transportation options, and affordable housing opportunities. We will create a community where people can thrive as they grow up and grow older. As a member of the Age Friendly Board, Glen Cove Hospital has provided ongoing educational opportunities to multiple city organizations as well as the schools. One ongoing initiative in particular that has been an important component of the program is the Walk with The Doc program which provides education for members of the community while also providing an opportunity make exercise a part of the program. Every month a new topic is discussed while community members are invited to walk on the esplanade on the water front of Glen Cove. The program ends with a Q & A. As part of our ongoing partnership with the Age Friendly Initiative, Glen Cove Hospital has also developed a community outreach process for our Caregiver Center that provides resources and contacts for anyone in need of advisement.

Number of participants on a monthly basis. Referrals to the Caregiver Center and the number served.

This program has just been approved by Nassau County and the City of Glen Cove to continue for the next two years. As part of the ongoing outreach, our intention is to grow the Walk with The Doc program to reach more communities served by Glen Cove Hospital, including the Life Enrichment Center in Oyster Bay as well as the school districts in the area.

Glen Cove Hospital
Prevent Chronic Diseases
Focus Area 4: Preventative care and management

Goal 4.4: In the community setting, improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity.

Monthly Blood Pressure Screenings at Glen Cove Senior Center: Glen Cove Family Medicine residents provide screenings for members of the Glen Cove Senior Center one Friday per month. The Senior Center is one of the most well attended centers in Nassau county, with over 2000 members who utilize their services. The residents provide screenings but also serve as a preventive form of medicine for any number of the individuals that they see. By developing trusting relationships with the members of the center, residents are able to provide preventive measures for the seniors.

Monthly blood pressure readings
Number of individuals seen

This program will continue through 2023 and will be growing as part of the ENHANCE program which provides residents with an opportunity to work with the seniors to identify a project that they believe with help to enhance their health and quality of life. This year through June 2023, residents will spend an additional half day of every month with seniors in order to help educate them about telehealth, how to use telehealth and how to include their adult children in the process.

Our partners in these endeavors have been the City of Glen Cove, the Family Medicine Service line and the Glen Cove Senior Center’s Foundation – SAGE.
### Cancer Service Program

The Cancer Services Program (CSP) provides no-cost screening for Breast, Colon, and Cervical Cancer for uninsured or underinsured New York State residents. The program covers screenings and diagnostics up to the time of a proven cancer diagnosis funded by the New York State Department of Health. Patient Navigation, case Management and Social Work support are also highly integrated into the program to support and assist patients at all stages of the screening and diagnostic process.

The NYS DOH holds the program to specific standards, or Performance Measures (PM), to measure success of each individual program. Each PM is defined according CDC and USPSTF cancer screening guidelines. Each program receives a report on the PM of the program, how that individual program is performing as well as compared to DOH guidelines and other contractors.

#### Year 1

Year 1 was completed from October 1, 2018 to September 30th, 2019. During this time, the new contract at Long Island Jewish Medical Center was establishing the program through known and new partnerships. The program began to foster new community relationships and build a network of available screening sites for any and all uninsured residents.

#### Year 2

Year 2, which began October 1, 2019 the Nassau CSP was well on its way of meeting and exceeding program standards as far as enrollment, Community Outreach and Strategic partnerships. During year 2, COVID began in March of 2020 and the CSP quickly and easily pivoted to a virtual format for community engagement. During the height of COVID, the CSP remained open and available to screen and assess clients. The CSP of Nassau was only a handful of contractors that remained open during COVID and met and exceeded program deliverables.

#### Year 3

Year 3 began October 1, 2020 and the CSP of Nassau continued to increase patient enrollment, foster further community contacts and become experts at a virtual forum for community education sessions.

#### Year 4

Year 4 began on October 1, 2021 as a stable program, again meeting and well exceeding program deliverables. The goal for this upcoming year is to establish more community connections, collaborate with more elected officials and become a site that is strategically sound in order to apply for renewal for the next 5 year cycle.

### Community groups which have a mutual goals in assisting as many at-risk individuals as possible. We have established relationships with elected officials, including NY State Senators, Assembly women, Nassau County Legislators, and the Nassau County Department of Health.

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
<th>Attendance</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go Red Event - What Can I Do Now to Make a Healthier Heart?</td>
<td>Cardiologist of Valley Stream will present this topic to the Valley Stream Chamber of Commerce at their General Membership Meeting at Pomodorino Rosso. One off event.</td>
<td>25 people were educated on Healthier Heart Cardiology Dept</td>
<td></td>
</tr>
<tr>
<td>Hempstead Police Department and Fidelis Healthcare Bridging the Gap Unity Community Day</td>
<td>Partnership between Hempstead Police dept and Fidelis in bridging the gap in the community. One off event.</td>
<td>250 people were interacted with</td>
<td></td>
</tr>
</tbody>
</table>

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**Goal 4.3 Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes, and prediabetes and obesity**

**Goal 4.4 Increase cancer screening rates**

**Goal 4.5 Promote and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes, and prediabetes and obesity**
<p>| Long Island Jewish - Valley Stream | Prevent Chronic Diseases | Focus Area 4: Preventative care and management | Goal 4.4 In the community setting, improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes, prediabetes, and obesity. | Indian Nursing Association of New York Health Fair: Health Fair for the community surrounding Kennedy Park in Hempstead. <strong>One off event.</strong> | Number of people in attendance | This was a health Fair, we interacted with a total of 560 people during this event | LIJ Valley Stream, Cancer, Community and Population Health, Nutrition, Organ Donation, Trauma Institute |
| Long Island Jewish - Valley Stream | Prevent Chronic Diseases | Focus Area 4: Healthy eating and food security | Goal 1.2 Increase skills and knowledge to support healthy food and beverage choices. | B.E.S.T. Informational Table: Informational Tabling at B.E.S.T. to share upcoming programs and the Northwell Garden. <strong>One off event</strong> | Number of attendees | A total of 35 people were interacted with during this tabling event | LIJ Valley Stream, Community and Population Health, Nutrition |
| Long Island Jewish - Valley Stream | Prevent Chronic Diseases | Focus Area 4: Preventative care and management | | James A Dever Elementary School Health, Safety and Wellness Fair: Health Fair concentrating on Dietician and Pharmacy Speakers from LIJVS. <strong>One off event</strong> | Number of attendees | A total of 150 students attended the event | LIJ Valley Stream Nutrition, Pharmacy &amp; Pediatrics |
| Long Island Jewish - Valley Stream | Prevent Chronic Diseases | Focus Area 4: Preventative care and management | | Arts Below Sunrise - S.T.E.A.M. Festival with Glucose Screening: Multi Service line event at the Hewlett-Woodmere Community Health Fair and Festival. We will be performing glucose screenings, BMI/BP and Diabetes Education. <strong>One off event</strong> | Number of attendees | 150 total people attended the Festival, out of those 150 people served, 35 were screened, the other 115 visited the other informational tables available on site | LIJ VS Diabetes, Nutrition, Orthopedics, Organ Donation &amp; Cancer |</p>
<table>
<thead>
<tr>
<th>Event Description</th>
<th>Number of screenings</th>
<th>Note</th>
<th>Responsible Party</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hope Day Community Fair: Health Fair consisting of Blood Pressure Screening from Northwell. One off event</td>
<td>350 total of people attended the fair, out of those 350 people, 49 people were BP screened</td>
<td>LIJ Valley Stream Nursing Staff</td>
<td></td>
</tr>
<tr>
<td>Belmont Backstretch Health Fair and Glucose Screening: Health Fair for the Backstretch workers at Belmont Race track includes glucose screening, BP screening, BMI screening along with education provided by an Advanced Care Practitioner. One off event</td>
<td>Total Screenings Performed 21 (Out of 21 screenings 19 did Glucose ; 21 did Height and Weight; 21 did Waist Circumference; 21 did Blood Pressure</td>
<td>B.E.S.T. - Belmont Employee Service Team</td>
<td></td>
</tr>
<tr>
<td>The Manna Project: The First Annual Community Health Fair and Glucose Screening - Inwood. Serving under privilege community members. One off event</td>
<td>250 people attended this event. 27 people were screened for BP &amp; BMI. The rest of the people who attended visited the other tables (Cancer, General Facility Services, Orthopedics, Wound Care)</td>
<td>Northwell Health Community Relations</td>
<td></td>
</tr>
<tr>
<td>Food Donation to Our Lady of Good Counsel: Food donation from LIJS Kitchen - 49 cases of lunch time tuna kits. One off event</td>
<td>49 cases of tuna (12 packs in each). out of those 49 cases of tuna, a total of 294 people received tuna kits</td>
<td>LIJ Valley Stream Nutrition Department</td>
<td></td>
</tr>
<tr>
<td>Focus Area &amp; Preventive care and management</td>
<td>Prevent Chronic Diseases</td>
<td>LIJ Valley Stream Dermatology, Cancer, Cardiac, Community and Population Health, Orthopedics, Organ Donation</td>
<td></td>
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<tr>
<td>--------------------------------------------</td>
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<td>--------------------------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Goal 4.1 Increase cancer screening rates</td>
<td>Senator Brooks Skin Cancer Screening/ Health Fair &amp; Glucose Screenings at Jones Beach: Skin cancer screening by a Northwell Dermatologist on location at Jones Beach Field 6. No appointments needed. LIJVS and Senator Brooks planned this health fair/glucose/BMI and BP screening event for the community at Jones Beach. This will include the mammography mobile unit, and multiple service lines from LIJVS. 2 events held</td>
<td>Number of screenings 2 different events: Jones Beach Skin cancer screened 25 people. Glucose, BP &amp; BMI Health Fair at Jones beach screened 55 people</td>
<td></td>
</tr>
<tr>
<td>Goal 4.2 Increase cancer screening rate</td>
<td>Number of screenings 2 different events: Jones Beach Skin cancer screened 25 people. Glucose, BP &amp; BMI Health Fair at Jones beach screened 55 people</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
</tr>
<tr>
<td>Number of screenings 2 different events: Jones Beach Skin cancer screened 25 people. Glucose, BP &amp; BMI Health Fair at Jones beach screened 55 people</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
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<tr>
<td>Senator Brooks Merrick Flu Shot event: Free flu shot event offered at the Merrick library. One off event</td>
<td>Number of shots distributed 1 day event. 48 people received flu shots (40 RDLIJVS /8 HD CORPH)</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
</tr>
<tr>
<td>Number of shots distributed 1 day event. 48 people received flu shots (40 RDLIJVS /8 HD CORPH)</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senator Thomas Health Fair: Health Fair conducting blood pressure and body mass index screenings. One off event.</td>
<td>Number of screenings 1 event for underserved community. 61 people were screened</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
</tr>
<tr>
<td>Number of screenings 1 event for underserved community. 61 people were screened</td>
<td>Senator Brooks Office, LIJ VS Nursing, Ortho, Cancer services, LiveOnNY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunscreen Dispensers: Plainview, Syosset, offer skin cancer prevention/free sunscreen dispensers/ skin cancer screening in non-clinical settings in partnership with local parks and recreation departments and other organizations.</td>
<td>Number of sites; Number of dispensers; Number of participants; Number of screenings; Number of positive screenings; Number of referrals</td>
<td>Plainview &amp; Syosset Hospitals participated in sponsoring 16 free SPF 30 Sunscreen dispensers across the Town of Oyster Bay’s pools, beaches and golf courses.</td>
<td></td>
</tr>
<tr>
<td>Number of sites; Number of dispensers; Number of participants; Number of screenings; Number of positive screenings; Number of referrals</td>
<td>Plainview &amp; Syosset Hospitals participated in sponsoring 16 free SPF 30 Sunscreen dispensers across the Town of Oyster Bay’s pools, beaches and golf courses.</td>
<td>Town of Oyster Bay (city government)</td>
<td></td>
</tr>
<tr>
<td>North Shore University Hospital</td>
<td>Prevent Chronic Diseases</td>
<td>Focus Area 4: Preventative care and management</td>
<td>Number of participants</td>
</tr>
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<td>--------------------------------</td>
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<tr>
<td>The “COVID-19 Conversations Within the Black and Brown Community” are a free, virtual lecture series hosted two times a month by Northwell team members Dr. Alyson Myers, endocrinologist at North Shore University Hospital &amp; Myia Williams, Post Doctorate Research Associate at Feinstein, who run a healthcare advocacy group, Minority Health. These lectures are open to the general community and hosted on their Zoom account to discuss health-care related topics around COVID-19 and its implications on the Black &amp; Brown community.</td>
<td>This series ran from November of 2020 through December of 2021. Total participants for the 24 sessions: 4,759 Average session attendance ~200</td>
<td>Internal</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>North Shore University Hospital</th>
<th>Prevent Chronic Diseases</th>
<th>Focus Area 4: Preventative care and management</th>
<th>Number of participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Covid-19 Vaccines for Adults and Children - In December 2021 and January 2022 North Shore University Hospital partnered with Community Relations to provide Covid-19 vaccines along with covid testing and flu shots for community members in Manorhaven, Port Washington. We were contacted by the local Councilwoman Mariann Dalimore who shared that limited English proficiency and lack of access to transportation was preventing many of her constituents from obtaining covid vaccines for themselves and their families. We hosted vaccine pods starting in December 2021 at Manorhaven Beach Park to provide free vaccines, testing and flu shots for the community. These events continued into January 2022. Nearly 300 people were vaccinated at these pods.</td>
<td>Vaccine pods started in December 2021 at Manorhaven Beach Park to provide free vaccines, testing and flu shots for the community. These events continued into January 2022. Nearly 300 people were vaccinated at these pods.</td>
<td>Internal</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Long Island Jewish - Valley Stream</th>
<th>Promote Healthy Women, Infants and Children</th>
<th>Focus Area 3: Child &amp; Adolescent Health</th>
<th>Number of session held and number of attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baldwin High Honors Virtual Classroom - Nursing: LIJS Presents a live virtual education from various departments to the Baldwin Medical Academy every two weeks during Spring.</td>
<td>A total of 8 virtual sessions were held with a total of 147 attendees</td>
<td>LI Valley Stream Departments such as Nursing, Quality, Patient &amp; Family Experience, Engineering, Pharmacy Emergency Management, PACU and Orthopedics.</td>
<td></td>
</tr>
<tr>
<td>Focus Area</td>
<td>Goal</td>
<td>Activity</td>
<td>Outcome</td>
</tr>
<tr>
<td>------------</td>
<td>------</td>
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<td>---------</td>
</tr>
<tr>
<td>Child &amp; Adolescent Health</td>
<td>3.1</td>
<td>Support and enhance children and adolescents’ social-emotional development and relationships</td>
<td>The Book Fairies Book Drive Jan 1 - Jan 31: Book Drive created in collaboration with The Book Fairies organization for programs across Long Island and NYC. Books from this book drive go to families in disadvantaged communities, directly impacting literacy rates in local neighborhoods.</td>
</tr>
<tr>
<td>Maternal &amp; Women’s Health</td>
<td>1.1</td>
<td>Increase use of primary and preventive health care services among women of all ages, with special focus on women of reproductive age</td>
<td>Go Red - Wear Red Information and Fundraising Table: Two Go Red AHA fundraising and awareness tables located in the lobby for patient and families and the cafeteria for staff. <strong>One off event</strong></td>
</tr>
<tr>
<td>Child &amp; Adolescent Health</td>
<td>3.1</td>
<td>Support and enhance children and adolescents’ social-emotional development and relationships</td>
<td>Zoom Webinar Link - Saving Lives Coalition and Northwell Virtual Presentation to Parents: Your Teens Emotional Health - What to Know! What to Do! What to Say!: Virtual Presentation for parents - collaboration by Saving Lives Five Towns and Northwell on teen emotional health</td>
</tr>
<tr>
<td>Child &amp; Adolescent Health</td>
<td>3.1</td>
<td>Support and enhance children and adolescents’ social-emotional development and relationships</td>
<td>Malverne Modified Medical Career Day: LIJ Valley Stream partnered with Malverne High School for Career Day - Various presenters gathered at the school gymnasium to speak on medical careers choices. <strong>One off event</strong></td>
</tr>
<tr>
<td>Focus Area</td>
<td>Goal</td>
<td>Activity</td>
<td>Number of sessions and number of attendees</td>
</tr>
<tr>
<td>------------</td>
<td>------</td>
<td>----------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.1: Support and enhance children and adolescents' social-emotional development and relationships</td>
<td>Gateway Youth Outreach Access: Gateway Youth Outreach Access Presentation - Career Presentations from speakers across corporations and healthcare on long Island to students at Elmont and Sewanhaka High School.</td>
<td>A total of 4 sessions were held with a total of 55 total students were able to attend the presentation</td>
</tr>
<tr>
<td>Focus Area 3: Child &amp; Adolescent Health</td>
<td>Goal 3.1: Support and enhance children and adolescents' social-emotional development and relationships</td>
<td>Girlz Talk Summit 2022: Over 500 underserved female students from across Long Island and NYC will be attending workshops to empower and inspire them are attending the Girlz Talk Summit 2022.</td>
<td>Number of attendees</td>
</tr>
<tr>
<td>Focus Area 1: Promote Well-Being</td>
<td>Goal 1.1: Strengthen opportunities to build well-being and resilience across the lifespan</td>
<td>PRIDE Month: LIJVS Hospital Educational lunch and learn with Dr. Genn Herley and Stephanie Battaglino of Trans New York. LGBTQ+ PRIDE Event tabling in the Lobby for Community Access. Courtyard event to celebrate PRIDE month with Expressions BERG Members</td>
<td>Number of events and number of attendees</td>
</tr>
<tr>
<td>Focus Area 2: Prevent Mental and Substance Use Disorders</td>
<td>Goal 2.1: Prevent opioid and other substance misuse and deaths</td>
<td>International Overdose Awareness Day (IOAD): Tabling with SBRT to raise awareness of International Overdose Awareness Day.</td>
<td>Number of kits distributed</td>
</tr>
</tbody>
</table>