

Long Island Health Collaborative Community Member Survey Summary of Findings

Methodology:

Surveys were distributed by paper and electronically, through Survey Monkey, to community members. The electronic version placed rules on certain questions; for questions 1-5 an individual could select three choices, and each question was mandatory. For question 6, individuals could choose as many responses as they'd like. Although the rules were written on the paper survey, people often did not follow them. In January of 2024, we downloaded the surveys from Survey Monkey. Data collected includes January - December 2023. We needed to add weights to the surveys which did not follow the rules - for each of the questions that had more than three responses. The weight for each response was $3/x$, where x is the count of responses. No weight was applied to questions with less than three responses because they had the option to select more and chose not to do so. With the weight determined, we applied the formula to the data and then added the remaining surveys to the spreadsheet.

Analysis Results:

- When asked: ***What are the biggest ongoing health concerns in THE COMMUNITY WHERE YOU LIVE?***

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health Depression/Suicide	41.17%	Cancer	41.56%
2	Cancer	48.14%	Heart Disease & Stroke	28.17%
3	Drugs & Alcohol Abuse	44.59%	Mental Health Depression/Suicide	24.82%
4	Obesity/Weight Loss Issues	33.40%	Diabetes	21.84%
5	Diabetes	30.78%	Drugs & Alcohol Abuse	21.84%
Sum of Column Percentages		198.09%		138.23%

- When asked: ***What are the biggest ongoing health concerns for YOURSELF?***

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health Depression/Suicide	30.94%	Heart Disease & Stroke	36.22%
2	Women's Health & Wellness	30.77%	Obesity/Weight Loss Issues	29.49%
3	Obesity/Weight Loss Issues	28.59%	Women's Health & Wellness	26.92%
4	Heart Disease & Stroke	27.75%	Cancer	25.96%
5	Cancer	24.13%	Mental Health Depression/Suicide	20.51%
Sum of Column Percentages		142.18%		139.10%

- When asked: ***What prevents you and your family from getting medical treatment?***

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	There are no Barriers	50.31%	There are no Barriers	45.05%
2	Unable to Pay Co-pays/Deductibles	12.64%	No Insurance	18.41%
3	Fear (e.g. not ready to face/discuss health problem;immigration status)	11.18%	Fear (e.g. not ready to face/discuss health problem;immigration status)	16.48%
4	Transportation	10.78%	Unable to Pay Co-pays/Deductibles	11.81%
5	Lack of Availability of Doctors	7.83%	Lack of Availability of Doctors	10.71%
Sum of Column Percentages		92.73%		102.47%

4. When asked: **Which is MOST needed to improve the health of your community?**

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health Services	46.67%	Clean Air & Water	44.71%
2	Healthier Food Choices	39.40%	Mental Health Services	30.96%
3	Drug & Alcohol Rehabilitation Services	25.52%	Healthier Food Choices	27.25%
4	Clean Air & Water	25.20%	Weight Loss Programs	24.49%
5	Safe Places to Walk/Play	21.68%	Drug & Alcohol Rehabilitation Services	15.94%
Sum of Column Percentages		158.48%		143.35%

5. When asked: **What health screenings or education/information services are needed in your community?**

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health/Depression	31.73%	Blood Pressure	26.63%
2	Cancer	24.03%	Cholesterol	24.63%
3	Drug & Alcohol	22.98%	Exercise/Physical Activity	24.49%
4	Blood Pressure	20.15%	Nutrition	20.87%
5	Exercise/Physical Activity	18.65%	Mental Health/Depression	19.48%
Sum of Column Percentages		117.55%		116.11%

6. Finally, when asked: **Where do you and your family get most of your health information?**

Jan-Dec 2023 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Doctor/Health Professional	82.00%	Doctor/Health Professional	77.40%
2	Internet	52.50%	Internet	38.36%
3	Family or Friends	39.50%	Newspaper/Magazines	23.97%
4	Health Department	26.50%	Television	23.97%
5	Hospital	21.50%	Family or Friends	22.60%
Sum of Column Percentages		222.00%		186.30%

403 surveys were collected between January 1st and December 31st, 2023. There were 146 respondents for Nassau, 200 for Suffolk.

For a full version of the spreadsheet that includes interactive tables to analyze results based on demographic factors you can visit: <https://www.lihealthcollab.org/data-resources.aspx>

About the Long Island Health Collaborative

The Long Island Health Collaborative is a partnership of Long Island’s hospitals, county health departments, physicians, health providers, community-based social and human service organizations, academic institutions, health plans, local government, and the business sector, all engaged in improving the health of Long Islanders with a focus on the reduction of chronic diseases. The LIHC initiative is overseen by the Nassau-Suffolk Hospital Council, the association that advocates for Long Island’s hospitals.