



St. Catherine of Siena Medical Center

Catholic Health Services

At the heart of health

FREE Breakfast & Education Lecture

Saturday, March 10, 2018 | 9:30 AM - 11:00 AM

St. Catherine & St. Charles Health & Wellness Center
500 Commack Road, Commack, New York

March is National Colon & Rectal Cancer Awareness Month—*Are you in the know?*



Colon & Rectal Health

Tara Martinez, DO, FACOS, FACS

Medical Director, Colorectal Surgery Program

Open discussion about colonoscopy preps to surgical procedures, diet changes, colon cancer risks and new demographics.



Nutrition & Colon Health

Marina Bedrossian, RDN, CDN, CLT

Learn which keys are needed to optimize your health, from gut to brain function.

Registration required. To register, please call (631) 870-3444.