



Walk with a Doc: Belmont Lake State Park

Presented by



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SAT, JUNE 15, 2024 10:00 AM at Belmont Lake State Park

Led by
Keasha Guerrier, MD
Long Island Jewish Valley
Stream Hospital

*Walkers meet by main flagpole in the
park, located at 625 Belmont Ave,
West Babylon, NY 11704*



Join Dr. Guerrier for Walk with a Doc!

Dr. Keasha Guerrier of Long Island Jewish Valley Stream Hospital will discuss how the simple act of walking can exponentially improve our mental and physical health before leading attendees on a brief route through beautiful Belmont Lake State Park in Babylon where you can walk and talk with Dr. Guerrier.



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