Dr. Shamim Khan of Catholic Health will discuss how we can keep our hearts healthy as we age before joining attendees on several loops around beautiful Harborfront Park in Port Jefferson where you can walk and talk with Dr. Khan.

Join Dr. Khan for Walk with a Doc!

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**TO REGISTER:**
Click here or scan QR code.

**CONTACT US**
631-963-4167 | lihc@nshc.org
lihealthcollab.org

**SAT, MAY 18, 2024**
10:00 AM at Harborfront Park in Port Jefferson

Walkers meet outside Port Jefferson Village Center, located at 101 E Broadway, Port Jefferson, NY 11777